



Art Walks The Runway Returns



A model at a previous Art Walks the Runway

photo provided

Fort Myers' beloved fashion show, Art Walks the Runway, is back for its ninth year at the Sidney & Berne Davis Art Center on Friday and Saturday, March 13 and 14. Cocktail hour begins at 7 p.m., while the show starts at 8 p.m.

On Friday, the show will feature a casual collection by Enjewel, casual and swimwear collection by Ocean View & 7th and A'Jar silk collection by Mariapia Malerba.

Enjewel is a downtown boutique known for its art jewelry and offers a wide range of modestly priced female apparel, shoes, unique leather handbags, hand-beaded purses, canister handbags, costume jewelry, artistic gifts, imported scarves and accessories. Visit www.facebook.com/pages/Enjewel/562509233811243 for more information.

Ocean View & 7th is a boutique in
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From left, Hoyt Goodine, Evan Barrero, Ken Johnson, Todd Lyman and E. Shane Talbott

photo provided

Taking It All Off At New Phoenix

by Di Saggau

When the main factory in Buffalo, New York shuts down, and there's not much work to be found for the local working man, what's he to do? Why not create a one-night-only strip show to compete with the

Chippendales? That's what the lead character decides to do in the musical *The Full Monty*, now showing at New Phoenix Theatre.

At the heart of this story is a divorced single dad named Jerry (Ken Johnson) who's behind on child support payments to Pam (Emilie Baartman) for his son Nathan (Evan Barrero). After seeing what the women pay out to see the Chippendales, Jerry convinces some

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Young Artists And Quilters Exhibiting At ACT Gallery

Art Quilters Unlimited (AQU) members will exhibit fiber art responses to two creative challenges at Arts for ACT Gallery from March 6 to 30. The Fifteen! challenge celebrates the 15th anniversary of the first meeting of AQU in 2004 at Arts for ACT. The works are all 15-inch square and each is a unique expression of subject matter, approach to composition, media, color, stitching and embellishment.

Resist: Interpretations and Techniques is a separate challenge that asked the artist to interpret the idea of "resist" – politically, socially, personally or from a fiber art perspective. In fiber art terms, resist techniques (such as shibori and batik) involve any of several methods of creating patterns on cloth by binding, clamping or stitching. These works are diverse in concept and execution, and illustrate the freedom of creative expression that Art Quilters Unlimited encourages in its fiber art community.

For more information about Art Quilters Unlimited, visit www.artquiltersunlimited.com or contact Pam



Artwork by Logan Goodmanson

images provided

Richardson at pjrichfiberart@comcast.net or 360-739-3651.

In the White Gallery, Emerging Artists Anna Fischler and Logan Goodmanson

will exhibit their work.

Goodmanson was born in St. Paul, Minnesota in 2000. He was inspired by his brother's drawings of comic book



Self Destruction art quilt by Carol Holsopple

panels and covers and wanted to do the same thing. After moving to Florida, he became more interested in drawing, especially during middle school. He

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Historic Downtown Fort Myers, Then And Now:

Rail Transport On Monroe

by Gerri Reaves, PhD



In the first decade of the 20th century, decent roads to Fort Myers did not exist. Few people owned automobiles and there wasn't even a bridge over the Caloosahatchee.

Travel by horseback, wagon and oxcart on unpaved roads was the norm, and those rustic roads were subject to rainy season wash-outs. Steamboats were the most convenient way to get to Fort Myers.

But in 1904, the town made a big leap forward in state-of-the-art transportation. The Atlantic Coast Line Railroad (ACL) extended to town, and Fort Myers was suddenly connected to a nationwide transportation system.

The town excitedly awaited any bit of news as the newly laid track inched its way.

By noon on February 18, the track had been laid across the river all the way to the head of Monroe at Peck Street (now named Widman Way). All that remained was for the tracks to turn south and complete 500 to 600 more yards of track to the dock being built at the foot of Monroe. Telegraph poles were also being installed for the railroad's use.

On February 20, Julia Isabel Frierson (Mrs. James E., Sr.) Hendry had the honor wielding the sledge hammer that drove in the final railroad spike on Monroe after the 70-ton, coal-burning, Baldwin-built "Copperhead" engine rolled into town.

That act symbolized one of the most consequential changes in the town's history, and the town celebrated. Church bells rang, a canon fired, boat whistles sounded, and there was a big meal for all. Women festooned the engine with flags and flowers, and the crew members were treated like royalty.

About a week after the celebration, the lumber and brick for the depot had arrived at the site, so the depot was constructed shortly after the train made its appearance.

This historic photo shows the wood-frame depot that accommodated freight and passenger service on the west side of Monroe just south of Main Street. Note the horse-drawn wagon and trolley, as well as the tall pine trees (right) that still grew just beyond the business district.

The racially segregated passenger section of the depot was near the corner at Main and the freight portion occupied the south side of the building. The railroad tracks ran



This wood-frame ACL depot was located on the west side of Monroe Street south of Main Street. Constructed right after rail service came to town, it handled both passenger and freight business. It was demolished in 1962.

photo courtesy Florida State Archives



The Lee County Public Works building is now located where the first ACL depot stood

photo by Gerri Reaves

down the street to the river where train cars could be loaded with local produce, citrus and fish packed in ice to be shipped north. In those days, Monroe effectively ended at First Street.

Not until the following May did regular first passenger service to Fort Myers begin – two daily trains. Mail delivery began in June.

The rail extension from Punta Gorda in 1904 achieved a goal that town leaders had been dreaming of since the town's incorporation in 1886.

The newly organized Board of Trade negotiated to secure what ACL wanted: a no-cost route through town, and land for a station, freight house and wharf. Gaining the right of way from all landowners alone took six months. The depot was built on land purchased from Evalina J. Weatherford (Mrs. Manuel A.) Gonzalez for \$6,000.

The ease of transporting people in large numbers resulted in a general economic boost. Tourists arrived, new hotels, boardinghouses and restaurants were needed, and the town was in the loop for business travelers too.

In one fell swoop, Fort Myers could market itself.

Passenger service transferred to Peck Street in 1924 when the modern Mediterranean Revivalist-style depot opened. That depot is now the headquarters for the Southwest Florida Community Foundation. The old depot continued to be used as a freight station until it was demolished in 1962. The tracks that ran down the middle of Monroe were removed too.

Today there's no sign of a railroad in the main business district. The internal combustion engine, along with a few electric or hybrid vehicles, rule the streets.

Walk down to Monroe and Main and imagine the excitement when the train showed up for the very first time. Then learn more about how the railroad shaped local history at the following research centers.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leeountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: The Archives of the Southwest Florida Historical Society, the *Fort Myers Press*, *The News-Press*, and *The Story of Fort Myers* by Karl H. Grismer.✪

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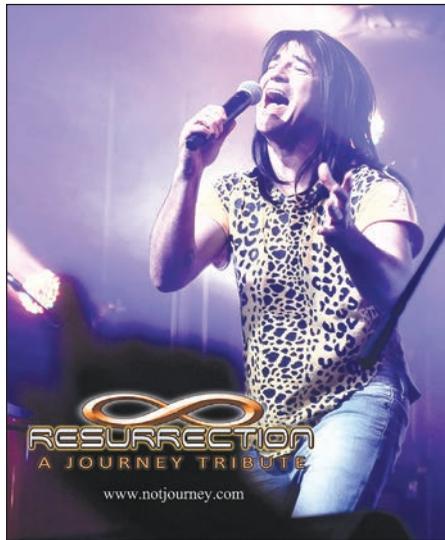
Journey Tribute Band To Perform

Resurrection - A Journey Tribute band will be the final concert in the Vinyl Vibes series at Sidney & Berne Davis Art Center on Saturday, March 7. Cocktail hour begins at 7 p.m., and the concert begins at 8 p.m.

Ryan Christopher will be performing as a young Steve Perry in this single night appearance. He has been known to flawlessly execute Perry's mannerisms with a spot-on rendition of Perry's voice.

Resurrection continues to garner worldwide attention and acclaim with high profile performances including, Royal Caribbean International cruises, Frazee Pavilion, AT&T Park: Home of the San Francisco Giants, US Cellular Field: Home of the Chicago White Sox, Hard Rock Casino and Hotel. Fans across the country, including Steve Perry and Journey purists, rave that Resurrection - A Journey Tribute is the Journey experience. To learn more, visit www.notjourney.com.

Tickets are \$45 for general admission, and \$59 for VIP preferred seating.



Ryan Christopher as Steve Perry
photo provided

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, call 333-1933 or visit www.sbdac.com/resurrection.

Muralists Needed For Historic Hall

The Fort Myers Mural Society has announced a call to artists for a mural project that will draw attention to the historic origins of McCollum Hall. During its heyday, the two-story 10,000-square-foot Art Deco building was considered the jewel of the Dunbar business community.

The anticipated mural will cover 17 panels on the concrete wall that separates McCollum Hall from the residential neighborhood just to the north. By aggregating a number of different public artworks in a single location, art hubs attract area residents, business invitees and even cultural tourists, thereby creating economic opportunity and improving quality of life.

During the 1930s and '40s, McCollum Hall became Southwest Florida's most famous entertainment venue. Part of the "Chitlin' Circuit," the second-floor dance hall hosted such internationally-renowned musicians as Count Basie, Louis Armstrong, BB King, Lionel Hampton, Otis Redding, Lucky Milliner and Duke Ellington and his orchestra. During performances, many area residents would gather in the parking lot outside, where they would play along with the musicians inside on slap boxes, harmonicas and other instruments, eat barbeque, drink beer and smoke cigars. Affectionately named Buck's Backyard after the building's owner Clifford "Buck" McCollum Sr., the grounds and parking lot became the epicenter of impromptu jam sessions, socializing and just plain hangin' out.

The City of Fort Myers designated McCollum Hall as a historic landmark in 1998, and the Fort Myers Community Redevelopment Agency purchased the property 10 years later, immediately undertaking to restore the property to its original grandeur. It passed the baton to McCollum Redevelopment Associates, LLC/REVA Development Corporation in 2018. The developer expects to

complete the interior restoration of the dance hall and retail spaces by the end of 2020. When it is placed back in service, McCollum Hall is projected to create 75 jobs (43 of which will be permanent) and introduce one restaurant, up to five retail spaces and a multi-use event space to the community.

By paying homage to the property's backstory, the mural project will compliment REVA's restoration effort and add to the site's storied legacy.

The city's public art committee will also play a role in the project. In addition to approving the mural's final design, the committee will relocate two of its Cor-Ten steel Edgardo Carmona sculptures to the site in furtherance of its plan to create art hubs in each of the city's six wards.

Artists and artist teams who are interested in participating in the project have until Tuesday, March 31 to submit a design plan and sketch along with their credentials to the Fort Myers Mural Society. A copy of the Mural Society's Call to Artists can be obtained by emailing fortmyersmuralociety@gmail.com or calling Shari Shifrin at 461-7245.

Babcock Ranch To Host Art Show

Be inspired by the work of more than 45 professional fine artists during the second annual Babcock Ranch Art Show in the Woodlea Hall Discovery Center on Saturday, March 14 from 10 a.m. to 4 p.m.

Admission is free to the family-friendly event, which features watercolor, oil and acrylic painting, sculpture, photography, metalwork, jewelry, ceramics and wood and fiber art. Babcock Neighborhood School students will also showcase their creativity during the event.

Babcock Ranch's Woodlea Hall Discovery Center is located at 42850 Crescent Loop in Punta Gorda. For more information, call 877-709-6620 or visit www.babcockranch.com.

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Andy Brown of Blue Pointe Oyster Bar & Seafood Grill photos provided



Martin Galvan and Joe Valenza of Cantina Laredo



Shanel Gentile and Addy Alfman of BJ's Restaurant & Brewhouse



Robert Brandt of Mastello and A Touch of Italy

Participating Restaurants For Taste Of Love

Special Equestrians is bringing together the area's most successful restaurateurs for Taste of Love – the annual food and wine extravaganza to be held at The Ranch Concert Hall & Saloon on Sunday, March 15 from 5 to 9 p.m.

The popular event's theme is Taste of Love Makes the Merry Go Around and will feature dishes from the area's

most successful culinarians, wine tasting, and live and silent auctions. Celebrity auctioneer Jay Severson and award-winning radio and television personality Gina Birch will oversee the evening's events. Nearly 500 attended the event in 2019, raising more than \$200,000 for the therapeutic horseback riding and carriage driving program that serve children and adults with disabilities.

Participating chefs and restaurants include: Chef Robert Brandt of Mastello and A Touch of Italy; Chef Andy Brown of Blue Pointe Oyster Bar & Seafood Grill; Shanel Gentile of BJ's Restaurant &

Brewhouse; Chef Julian Cardona of Table & Tap at Babcock Ranch; Chef Daniel Glick of Fancy's Southern Café; Chef Chris Shin of Ember Korean Steakhouse; Chef Martin Galvan of Cantina Laredo; Chef Pepe of Señor Pepe's Paella Catering; Chef Jordan Webster of Jordan Webster Catering; Chef Ariel Garcia and Chef Sam Savich of European American Bakery Café; Chef Chris Keys of The Melting Pot; Kayla Mateo of Custom C.A.K.E.S. by Kayla; Greg Kurt of Greg's Buckeyes; and Florence Del Fondo of Le Macaron French Pastries. Wine will be presented by Breakthru Beverage Group, while beer will be provided by Suncoast Beverage Company.

"We are thrilled and honored to have these highly-trained and successful culinary professionals join us to help raise much-needed funds to support Special Equestrians," said Jan Fifer, the organization's executive director.

All proceeds from Taste of Love will benefit Special Equestrians, a nonprofit organization dedicated to helping children and adults with disabilities by providing a structured therapeutic horseback riding and carriage driving program and equine assisted activities. Special Equestrians has been awarded Premier Accredited Center status by PATH Intl. (Professional Association of Therapeutic Horsemanship). Serving Lee, Charlotte, Hendry and Glades counties, Special Equestrians is a United Way Partner

Agency that has been serving Southwest Florida for more than 30 years.

Event Sponsors to date include: Wells Fargo; Garden Street Iron & Metal; John S. Fifer, MD; Seminole Casino,

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Media sponsors include *The News-Press*, *Florida Country Magazine*, *Florida Weekly*, Palm Printing and Signs Now.

Tickets are \$100 per person. The Ranch Concert Hall & Saloon at 2158 Colonial Boulevard in Fort Myers. For tickets, visit www.specialequestrians.net, call 851-7070 or email jtfifer@gmail.com.

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Fort Myers Art:

Artists Named For All Florida Juried Exhibit

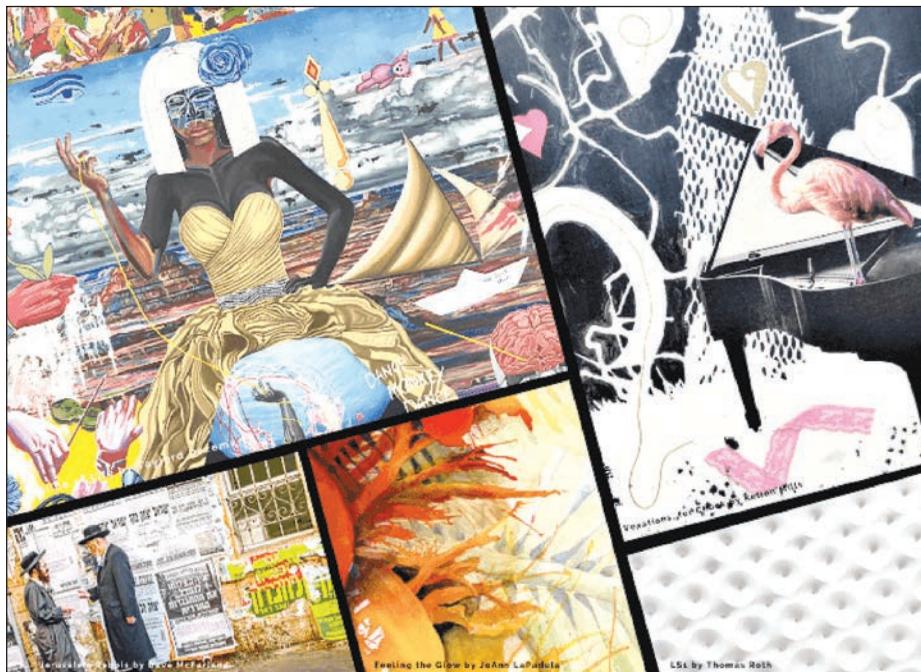


by Tom Hall

The Alliance for the Arts has published the names of the artists who have been juried into the 34th annual All Florida Juried Exhibit, which runs from March 6 to 28. This year's

exhibition features pieces created by artists working in a wide variety of media which come together for an exciting show representing today's Florida artists.

Accepted artists include: Eileen Amster, Cynthia Barbanera-Wedel, David Belling, Della Boynton, Mila Bridger, Stephen Buffer, Deborah Butler, Marcy Calkins, Dennis Church, Carol Coates, Steve Conley, Michael Danley, Taylord Dezeme, Kathleen Durdin, Sharon Eng, Alejandro Estrada, Stacey Fletcher, Muffy Clark Gill, Kristin Herzog, Del Holt, Priscilla Jeffcoat, Pamela Jones, Jay Lana, JoAnn LaPadula, Jean Mau, Dave McFarlane, John Merchant, Kellen Mills, Lucy Nesheim, Gregory Presley, Whit Robbins, Roy Rodriguez, Sherry



A collage of artwork in the 34th annual All Florida Juried Exhibit

photo courtesy www.artinlee.org

Rohl, Thomas Roth, Rita Schwab, Cree Scudder, Joel Shapses, Dale Smith, Paul Stackpole, Richard Stanton, Erin Stein, Grayson Stoff, Daniel Venditti, Christina Wyatt, Barbara Yeomans and Peter Zell.

This year's juror is Amanda Poss, who received her master of arts degree in art history from the University of South Florida in 2015, specializing in modern and contemporary art, and a bachelor of arts degree from the

University of Saint Francis in Fort Wayne, Indiana in 2011. Poss currently holds the position of gallery director at Gallery221@Hillsborough Community College Dale Mabry campus, where she also manages the public art program, Grounds4Art@HCC, and oversees a growing permanent art collection.

The opening celebration will be held this Friday, March 6 from 5 to 7 p.m. The event is free to attend and features

a live performance by Gulf Coast Symphony. Poss will be on hand to present awards including \$1,000 cash for Best In Show, a second place \$250 gift certificate for Golden Artists Colors, \$100 cash for third place and Jurors Choice Award(s) of Alliance for the Arts membership(s).

Meet and engage with the juror during a conversational tour through the gallery during the Alliance for the Arts weekly GreenMarket on Saturday, March 7 at 10 a.m. Poss will discuss her selections for the exhibit, the context behind them and the environment of contemporary art in Florida today.

Work by local photographer Katy Canca Galli will be on display in the Theatre Lobby Gallery. Displaying her latest abstract works, Marie Collier will exhibit in the Members Gallery.

Receptions and gallery talks are open to the public and do not require tickets or reservations. While the gallery admission is free, a \$5 suggested donation keeps Alliance programming affordable and accessible.

The 34th annual All Florida Juried Exhibit is sponsored by Family Thrift Center.

For more information, call 939-2787 or visit www.artinlee.org/allflorida.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.*

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Traveling Exhibit On Display At Lee County Libraries

The exhibition Ravensbrück – We Who Lived There is being displayed for the first time in the United States at three Lee County Library System branches.

The display, in both English and Swedish, was created by high school students in the advanced history program and the International Baccalaureate (IB) diploma program at Katedralskolan in Lund, Sweden. The display was brought to the United States by Better Futures Foundation, a Sarasota-based nonprofit organization.

“The library system is honored to be able to host this exhibit in our branches, which sheds light on the personal experiences of recently liberated Holocaust survivors,” Library Director Mindi Simon said.

Patrons can view the traveling exhibit throughout Lee County at the following libraries:

- Now through March 14
Lakes Regional Library – 15290 Bass Road, Fort Myers,
 - March 17 through April 13
East County Regional Library – 881 Gunnery Road, Lehigh Acres
 - April 15 through May 15
Northwest Regional Library – 519 Chiquita Boulevard North, Cape Coral
- *Based on interviews that took place

immediately after the liberation of Holocaust victims to Malmo, Sweden, this exhibit provides insight into all aspects of life in Ravensbrück – a concentration camp only for women and children,” said Richard Ohlsson, president of Better Futures. “General knowledge about the Holocaust becomes less abstract and less theoretical when the women’s stories from arrival and through the liberation of Ravensbrück are told.”

Toward the end of World War II, about 20,000 Nazi concentration camp survivors were evacuated to Sweden. With the intent of documenting the war crimes and the experiences of the victims, a working group called The Polish Research Institute in Lund was founded to conduct in-depth interviews with the former prisoners and collect material that the survivors had brought with them from the camps. This exhibit is the resulting presentation of this unique collection of source material from the survivors of Ravensbrück and other Nazi concentration camps.

This exhibition and the ongoing exhibit at Florida Gulf Coast University’s Wilson G. Bradshaw Library titled *To Life: The Liberation of Ravensbrück and Ravensbrück – We Who Lived There* directly relate to and complement each other. The community is invited to take the opportunity to visit both exhibitions while they are on display through May.

For more information, visit www.ub.lu.se/witnessing-genocide.*

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Siberian Virtuosi

photo provided

Award-Winning Classical Group To Perform

Award-winning Siberian Virtuosi, a group comprised of 10 female violinists and a pianist, will perform a concert at the Barbara B. Mann Performing Arts on Thursday, March 19 at 7:30 p.m. This is the fifth and final classical performance to be presented this season by the Fort Myers Community Concert Association.

Prices are \$35 for lower balcony and

\$25 for upper balcony seats. A limited number of orchestra and mezzanine seating is available at \$55 each.

Siberian Virtuosi replaces the previously cancelled January 27 performance by the Siberian State Symphony, which was unable to obtain visas to enter the United States. Tickets from the January 27 concert will be honored at the March 19 concert.

"We are very fortunate to obtain a concert of the high caliber of Siberian Virtuosi with only a few weeks' notice," said Fort Myers Community Concert Association President Mary Lee Mann. "They are acclaimed for their energy,

unique arrangements and vigor."

Siberian Virtuosi is the state ensemble of the Republic of Sakha, has gained increasing popularity in Russia and around the world since it was founded in 1994, and has won numerous international awards in Russia, France, Italy and Hungary. Their eclectic repertoire combines Bach, Tchaikovsky, Vivaldi with de Sarasate, Shor, Sibelius and many more.

The Fort Myers Community Concert Association, now in its 71st concert season, is an all-volunteer, not-for-profit organization founded by the legendary Barbara B. Mann in 1949 to bring

world-class entertainment to Southwest Florida at affordable prices. The association consists of more than 1,700 members, underwriters and sponsors. Performers brought to Fort Myers in the past by the association include The Israel Ballet, Violinist Itzhak Perlman, The Boston Brass, Minnesota Orchestra, Cleveland Orchestra, Vienna Boys Choir, Pianist Andre Watts, Violinist Joshua Bell with the Academy of St. Martin in the Fields and many others. For Community Concert Association membership information, visit www.fortmyerscommunityconcerts.org

Barbara B. Mann Performing Arts is located at 13350 FSW Parkway in Fort Myers. Tickets are available by visiting <http://barbarabmann.ticketsoffice.org> or by calling the box office at 481-4849. ✪

Theater To Hold Local Auditions

Broadway Palm is holding open auditions for adults and children for upcoming summer productions on Saturday, March 14. Ages 6 to 17 will audition at 10 a.m. Ages 18 and older will audition at 1 p.m. Auditions are on a first-come, first-served basis. A sign-up sheet will be available at 9 a.m. for ages 6 to 17 and at noon for ages 18 and up. No appointments will be taken. The musical production on the main stage with roles available is *The Sound of Music*. The Off Broadway Palm is casting for the comedy *Love*,

continued on page 8

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Along The River

Peace Lutheran Church will host an evening of comedy, culture and community featuring comedian Al Ernst this Friday, March 6 to benefit the **Gladiolus Food Pantry**. There will be heavy appetizers and dessert at 5 p.m., followed by entertainment, comedy, music and a silent auction at 6 p.m. Bring a canned good for the food pantry.

The Gladiolus Food Pantry serves as a lifeline for many people in the community. Servants from Peace Lutheran help with food distributions on Wednesdays.

Peace Lutheran Church is located at 15840 McGregor Boulevard in Fort Myers. For tickets, visit www.eventbrite.com/e/gladiolus-food-pantry-benefit-tickets-87800025239.

The River District Alliance will host **Art Walk in downtown Fort Myers** this Friday, March 6 from 6 to 10 p.m. and Saturday, March 7 from 11 a.m. to 4 p.m.

Fourteen galleries invite visitors and residents to meet the artists and view live art demonstrations and exhibitions along the river district.

For more information, visit www.fortmyersriverdistrictalliance.com.

Edison and Ford Winter Estates will host its annual **Ford Mustang Car Show** as a tribute to Henry Ford, the pioneer of the automobile industry, this Saturday, March 7 from 10 a.m. to 2 p.m. Owners of Ford Mustangs will exhibit their cars on Henry Ford's lawn



Ford Mustangs will be lined up on the lawn at Henry Ford's estate this Saturday

photo courtesy www.edisonfordwinterestates.org

along the Caloosahatchee.

Along with the car show, there will be music, a food truck and visitors can tour the gardens, museum, laboratory and see the historic homes. This family event is free for Edison Ford members and \$25 for non-members, which includes a self-guided tour of the entire site.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers.

More than 20 acclaimed and bestselling authors will be discussing their books and meeting fans at the

21st annual **Southwest Florida Reading Festival at Fort Myers Regional Library** this Saturday, March 7 from 10 a.m. to 4 p.m.

The festival has a diverse lineup of nationally recognized authors for adults, teens and children. Meet bestselling authors, participate in contests and activities and find the latest and greatest in books, technology and accessories. There will also be food truck vendors, storytelling programs, arts and crafts, youth writing and coloring contests, and a free book for every child and teen.

An Evening with the Authors fundraiser will be held this Friday, March 6 from 5:30 to 8:30 p.m. at the Marina at Edison Ford, located at 2360 West First Street in Fort Myers. Attendees will have the opportunity to meet and mingle with this year's festival authors while having a buffet dinner overlooking the Caloosahatchee.

The Southwest Florida Reading Festival is free and community-supported through donations, sponsorships and grants.

Fort Myers Regional Library is located at 2450 First Street in downtown Fort Myers. For more information, schedule of events or to donate, visit www.readfest.org or call 533-4832.

Project Refuge: A Couture **Fashion Show Using Trash** at JN "Ding" Darling National Wildlife Refuge's

Twist Tie Optional Luncheon will be held at **The Sanctuary Golf Club** on Tuesday, March 10. The luncheon begins at 11:30 a.m. Tickets are \$100 per person.

NBC2 morning co-anchor Rachel Pierce will emcee. There will be three judges for the competition among more than 25 designers. They are creating fashions from recycled and repurposed materials that would otherwise end up in the landfills or polluting land and waters. Judges include Loki Anthony, Merni Libonate and Robin Tauck.

For tickets, visit www.projectrefugeding.com. For more information about the refuge's 75th anniversary year happenings, visit www.ding75.org.

Theme Of Play Centers On Autism

The story of a 15-year-old math savant is the theme of *Curious Incident of the Dog in the Night Time*, a play that will open at the Players Circle Theatre in The Shell Factory on March 17 and run through April 12.

Harvey Evans, who played Jem in a presentation of *To Kill a Mockingbird* three years ago, attends North Fort Myers Academy of the Arts High School and lives in Cape Coral. He has the role of Christopher Boone, the savant in the new production.

Performances of *Curious Incident of the Dog in the Night* will be presented Tuesday through Saturday at 8 p.m. and Wednesday and Sunday at 2 p.m. Ticket prices are \$50 for regular seating and \$35 for preview seating from March 17 through 20. Discounts are available for groups and students. Parking is free and dinner is available.

The Players Circle Theatre was developed by veterans of the Southwest Florida theatre movement, Carrie Lund Cacioppo and Robert Cacioppo. They are prominent faces of theatre in Lee County for over 35 years, having started the first professional theatre, the Florida Repertory Theatre.

The Shell Factory & Nature Park is located at 16554 North Cleveland Avenue in North Fort Myers. For tickets, call 800-3292 or visit www.playerscircle.org.

Sanibel-Captiva Islands
American Legion Auxiliary Unit 123 Presents

Our 4th Fabulous 123 Sale*
Plus Our Semi-Annual
Bake Sale**



Sat. & Sun. March 7th & 8th Beginning at Noon

Find Gently Used Clothing, Books, Dishes,
Glassware, Etc. • All Manner of Home Goods

*123 Sale Proceeds Benefitting the
Lee County Veterans' Village

Accepting Public Donations

for 123 Sale starting on March 2

About the Bake Sale...

Cookies, Pies, Breads • All things baked

Whip up something to sell & drop it off on Friday night or
Saturday morning OR make a monetary donation

All donations gratefully accepted

**Proceeds of Bake Sale Benefitting the
Auxiliary Nursing Scholarship Program



4249 San-Cap Road • Call 239.472.9979 for more info
123 SALE in the Tiki Hut • BAKE SALE in the Hall

From page 7

Auditions

Sex and the IRS.

The Sound of Music, plays June 25 through August 8 (Rehearsals - June 11 through June 24):

The following are the roles that are available for ages 6 to 17 - All von Trapp children.

The following are the roles that are available for ages 18 and older - All roles.
Love, Sex and the IRS, plays June 4 through July 26 (Rehearsals - May 21 through June 3):

Casting the roles of:

1. Tax Man (male actor, non-singing

role. Must play age range of 40 to 60.)

2. Girlfriend (female actor, non-singing role. Must play age range of 20 to 30).

3. Character Role (male actor, non-singing role. Must play age range of 30 to 60.)

Anyone interested in auditioning should bring a current headshot and resume. There are audition materials on Broadway Palm website that children auditioning need to learn and be prepared to sing. Adults auditioning for *The Sound of Music* need to be prepared to sing 32 bars that best show off vocal range.

Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. For more information, visit www.broadwaypalm.com or call 278-4422.



Bonita Springs Elementary School

photo provided

Bonita Springs Elementary Earns Blue Zone Status

Bonita Springs Elementary is the first School District of Lee County school to be designated a Blue Zone Project Approved Worksite. Bonita Springs Elementary is also being designated a Blue Zone School, making it the first school in Southwest Florida to earn this dual honor.

"I am extremely proud of my staff and my students for all the hard work they've put in to earn two Blue Zone designations," says Bonita Springs Elementary Principal Rob Cooper. "We are healthier, working smarter and learning more because of the lifestyle changes we've made."

The Blue Zones Project is a community-wide wellbeing improvement initiative to help make healthier choices easier for everyone around Southwest Florida. Blue Zones offer solutions for worksites to inspire employees to be

happier and more productive. Blue Zone Schools encourage better eating habits, implement tobacco-free policies, and increase physical activity. To earn its two designations, Bonita Springs Elementary provided among other things, healthy meals, more time for exercise, a focus on wellness, and support of a conducive environment toward positive choices.

In July 2019, the Lee County Public Education Center was recognized as a Blue Zone Project Approved Worksite. The district has saved more than \$124 million in health care costs through the Active Lee Employee Wellness Department, which gives district employees access to health programs, support resources, exercise classes and wellness coaching to empower them to make healthier lifestyle choices. Active Lee tracks the results of those classes and has seen significant improvement in reversing diabetes, reducing high cholesterol, lowering blood pressure and cutting the number of pain medication prescriptions.

Bonita Springs Elementary is located at 10701 Dean Street SE in Bonita Springs.✧

Neil Diamond Tribute At Estates

Neil Zirconia, a Neil Diamond tribute entertainer, will perform at the next Edison and Ford Winter Estates' Rhythm on the River celebration on Saturday, March 7. Doors open at 5:30 p.m., and the concert begins at 6.

Zirconia, dubbed the ultimate "Faux Diamond," will perform Neil Diamond hits on the historic Ford lawn along the Caloosahatchee River. The concert is sponsored by Best Value and Humana.

With his stage presence, charisma and unique baritone voice, Zirconia looks and sounds like Diamond. He has a very large following and many of his fans travel far to see him perform.

A food truck and cash bar will be available. All guests should bring a folding chair. No coolers are permitted. Free parking is available in the main Edison Ford parking lot at 2350 McGregor Boulevard.

Event tickets purchased in advance



Neil Zirconia

photo provided

are \$20 for Edison Ford members and \$25 for non-members. A limited number of tickets will be available at the door for \$30 (both members and non-members).

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information or to reserve tickets, visit www.edisonford.org or the ticket counter.✧

SANIBEL Music FESTIVAL

2020 Classical Concert Series



Rolston String Quartet

This Canadian quartet was the 2018 recipient and first international ensemble chosen for the prestigious Cleveland Quartet Award from Chamber Music America. Named among CBC radio's "30 Hot Canadian Classical Musicians Under 30."

Saturday, March 7



Boston Chamber Music Society with Ann Hobson Pilot, Harp

Versatile musicians who come together in different instrumental combinations. Boston Globe calls them "vivid, compelling and first-rate." Ann Hobson Pilot, former principal harpist of the Boston Symphony Orchestra for 29 years, performs around the world.

Tuesday, March 10



2020 Chopin National Piano Competition Winner

Competition designed to offer performance opportunities and financial support to young American pianists. Winner will be announced after March 1, 2020 and is eligible to compete in the International Chopin Competition held every five years in Warsaw Poland.

Saturday, March 14



Gould Trio with Robert Plane, Clarinet

Compared to the great Beaux Arts Trio, the Washington Post praises them for their "musical fire" and "dedication to the genre." Robert Plane won "Best Concerto Recording" award from Classic CD Magazine.

Saturday, March 21



Singing Andrew Lloyd Webber, Superstar of Song and Stage by Opera Theater of Connecticut

Webber, one of the most successful composers of our times, is best known for his musicals Jesus Christ Superstar, Cats, Evita, and Phantom of the Opera. Celebrate his career with OTC's professional singers performing selections from his acclaimed shows. Artistic Director Alan Mann will add his unique commentary from the stage.

Tuesday, March 24



Emerson String Quartet

Inducted into the Classical Music Hall of Fame in 2010, The Emerson stands alone in the history of string quartets. Over the last four decades they have made more than 30 acclaimed recordings, won nine Grammys and the Avery Fisher Prize, to name only a few of their accomplishments.

Saturday, March 28

At Sanibel U.C.C. 2050 Periwinkle Way
on Sanibel Island

Concerts at 7:30 pm • Tickets: \$50

Tickets at

www.sanibelmusicfestival.org
or visit the box office ½ hour prior to performances.

Tickets available at Bank of the Islands, Cash and Check only



Sanibel Music Festival is grateful for the support of
Lee County Tourist Development Council





Florida Gulf Coast University Wind Orchestra

photo provided

Wind Orchestra Performing At Shell Point

Shell Point Retirement Community will host its final concert of the 2019-20 Fine and Performing Arts Series with a performance by the Florida Gulf Coast University (FGCU) Wind Orchestra. The concert will be held in The Village Church auditorium on The Island at Shell Point on

Thursday, March 19 at 7 p.m. Tickets are \$15.

The FGCU Wind Orchestra is conducted by Timothy Yontz, director of bands and head of instrumental studies for the Bower School of Music & the Arts. Comprised of the finest wind and percussion students at FGCU, the orchestra was formed in 2008 and has already performed world premieres and commissioned works.

The FGCU Wind Orchestra performed at Carnegie Hall in New York City in 2015 and The Kennedy

Center in Washington, DC in 2018. With strong support of the outstanding studio faculty, every student in the ensemble is given the opportunity to learn from instructors who emphasize expressive musicianship and artistry.

The Village Church auditorium is located at 15100 Shell Point Boulevard in Fort Myers. For more information or tickets, visit www.shellpoint.org/ concerts or call 454-2067.*

Plant And Garden Art Sale

The 11th annual March in the Park will be held at Jaycee Park on Saturday, March 14 from 9 a.m. to 3 p.m. Admission and parking are free.

The plant and garden art sale is the major fundraiser of the Garden Club of Cape Coral. The benefit involves over 40 vendors, music, food, opportunity drawings, a kids booth and experts to answer any plant question you can come up with.

Expect palms, heliconias and banana plants from Calusa Palms Nursery in Naples, native plants from All Native Garden Center as well as perennials succulents and sub tropicals from Exotic Blossom. Garden art will include clay flower pots handpainted by Sandy Sacco, photo cards and hand-sketched pictures from Pet Portraits and metal garden art made by Glory Days Gifts.

Speakers will make informative presentations hourly and Lee County master gardeners will be available all day to answer questions. A kids booth, with a face painter, will have activities and take home projects for all ages. Opportunity drawings will be available throughout the day. The top prize is a hand-painted rain barrel by one of our garden club members, other drawings include items donated by each vendor present. Each ticket is \$1 or six for \$5. Winner need not be present to win.

The Garden Club of Cape Coral is a nonprofit organization and all proceeds go back to the community. Local high school seniors will benefit from Marty Ward Merit Awards in horticulture, civic beautification, youth campers to Camp Wekiva, Habitat for Humanity projects, local middle and high school garden projects, and civic awareness promotion of environmental and conservation concerns.

The Garden Club of Cape Coral meets at 6 p.m. on the second Wednesday of each month at The Kiwanis Club, 360 Santa Barbara Boulevard, Cape Coral. All meetings are open to the public to learn about Florida gardening and promote fellowship among gardeners.

Jaycee Park is located at 4125 SE 20th Place in Cape Coral. For more information, visit www.gardenclubofcapecoral.com or contact Ginny Huffer at 257-2654 or huffmom5@aol.com.*

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

BETH YESHUA MESSIANIC SYNAGOGUE Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE 10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE Sunday 10 a.m., www.revtedalhouse@aol.com, 10200 Cypress Cove Circle, 850-3943.

CHURCH OF THE CROSS Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

COVENANT PRESBYTERIAN Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY Sunday 8 and 10:45 a.m. Jan 1 - Easter; 9 a.m. after Easter - Dec 31. www.crownoflifelutheran.com. 5820 Daniels

Pkwy, 482-2315.

CYPRESS LAKE BAPTIST Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.

FORT MYERS CHRISTIAN Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS 11 a.m. Sunday, www.fpcfmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

KINGDOM LIFE Sunday 10:30 a.m., 2154 McGregor

Boulevard, 218-8343.

LAMB OF GOD Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW BEGINNINGS CENTER Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.

NEW COVENANT EYES Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.

NEW HOPE BAPTIST Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE) Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THE NEW CHURCH Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.

UNITARIAN UNIVERSALIST Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

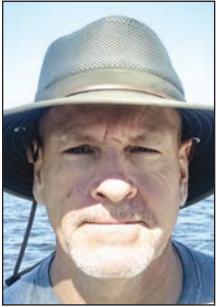
WESTMINSTER PRESBYTERIAN CHURCH Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.*

CROW Case Of The Week:

Mangrove Fox Squirrel



by Bob Petcher

The mangrove fox squirrel (*Sciurus niger*) is a large tree squirrel that is listed as threatened in Florida. Known for its long, bushy tail and strong hind legs, this species of fox squirrel has the

ability to leap easily from place to place.

Mangrove fox squirrels dine on plant material including fruit, nuts, seeds and buds. If they had a preference, they would consume pine seeds, but will occasionally eat insects and bird eggs.

At CROW, an adult male mangrove fox squirrel was admitted with a severe case of mange. Mange is caused by mites and often leads to hair loss and scabbing skin. In the case of this squirrel, it caused large wounds with infected tissue on its front shoulders and hind legs.

Mange is also contagious and spread by direct contact.

"Yes, it is important to wear gloves and not come into direct skin to skin contact with the squirrel or the towels within its cage," said Dr. Robin Bast, CROW staff veterinarian. "As with all patients, it is important to wash hands immediately following handling."



Patient #20-605 is recovering from a bad case of mange

photo by Brian Bohman

Dr. Bast was asked how such an animal would contract this type of mange.

"Typically, this happens secondary to another underlying condition that results in the immune system being suppressed. There is also a higher risk of getting this parasitic infection when large numbers of animals congregate abnormally in a small area and increase the likelihood of transmission – such as at inappropriate feeding stations," she said. "This is another reason, aside from it being against the law, that it is not recommended to feed wildlife."

The veterinary team removed infected

tissue, then cleaned the wounds and placed a honey bandage over the back leg wounds overnight. The following day, the bandages were replaced with suture seal.

"The wounds were flushed and manuka honey was applied initially to help manage secondary bacterial infection at the sites where the squirrel had injured itself. The wounds were created secondary to repeated scratching since this parasite causes pruritus or itchiness," said Dr. Bast. "Once the infection was under control, a product similar to liquid bandage was applied since the wounds were extensive and in

areas hard to keep bandaged in an active patient. Once the suture seal dried, it formed a waterproof, flexible barrier that prevented further contamination as the wound continued to heal."

CROW medical staff are providing the squirrel with antiparasitic and antibiotic medication to treat the mange, along with nutritional and wound management care. Additionally, they must take extra precautions, such as isolating the squirrel, to ensure the mites do not spread to other patients.

"The squirrel is being housed in a cage separate from other mammals, must be handled with gloves, and its cage appropriately disinfected to prevent spreading the infection. It has already received medication topically for the mites and, at recheck, no mites were found," said Dr. Bast.

After a week at the clinic, the patient appears to be on the mend.

"The patient's wounds continue to heal, and the mites are gone. It can take several weeks to recover, and for the fur to grow back," said Dr. Bast. "Since Florida usually has warmer weather, we won't have to wait for all the fur to grow back before the squirrel can be released, just for the wounds themselves to heal."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✪



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The Good Before The Bad



by Capt. Matt Mitchell

The daily ups and downs of our winter fishing are giving fishermen banner days along with almost impossible days. This roller coaster of weather conditions are

without a doubt in charge. One day, your fishing a spring-time pattern by pitching shiners and catching snook, then the next day its too windy to even get out. Once you can get back on the water, it's back to shrimp fishing for sheepshead.

These fluctuations are all part of our winter fishing. This year just seems more extreme as one day I am in shorts then the next day in mylar ski pants. Watching the weather and getting out at the right time is crucial. Timing a trip to get out in the days as a major cold front approaches can bring the most amazing action. Miss it by a few hours, and you are stuck sheepshead fishing in a small craft advisory.

Over the past few weeks, I have taken on a wait-and-see approach to all my charters. Often, we have been waiting until the morning of the trip to get a better idea precisely when the

front will arrive. Neither the client or the captain wants to get beat-up in bad weather, though fishing on the razor's edge of eminent weather can lead to a banner trip.

This proved true this week while fishing with Ben and Colin down from Vermont. After catching bait in a rain storm, I picked them up at the marina in St. James City and headed straight to where we had caught fish the afternoon before. Getting rained on while heading out of the canal, 8-year-old Colin was a little scared about his first saltwater fishing trip. I reassured him that the bite would make up for our brief soaking.

While we set up on the shoreline, the bite was wide open. We caught big jacks and snook on almost every cast. Colin quickly got the hang of doing battle with these strong saltwater fish and managed to land a few snook right around 30 inches while his proud dad took pictures.

The moral of the story is trust your captain's judgement when it comes to Mother Nature. Our weather fluctuates quickly here in Florida, and trying to plan a fishing trip around a 10-day forecast is just not possible. Predicting the weather is tough for even us locals who make our living everyday on the water.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨



Eight-year-old Colin from Vermont had that banner day of pre-front fishing with Capt. Matt this week photo provided

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Red maple's winter color is reminiscent of those of northern climes

photos by Gerri Reaves

Plant Smart

Winter Color And Sparkle

by Gerri Reaves

Anyone new to the South Florida landscape might think the subtropics lack seasons.

After all, green foliage and flowers persist throughout the year, giving some people the illusion of perpetual summer.

But spend a little time here, and you'll become attuned to seasonal changes more subtle than snow flurries and major leaf drops.

Native red maple (*acer rubrum*) and Virginia creeper's (*Parthenocissus quinquefolia*) colorful leaves are a sure sign that cooler weather has arrived. Both this tree and vine are deciduous, meaning that they drop their leaves.

Red maple is a superb wildlife-friendly

Cool crisp air gives muhly grass a wintertime sparkle

shade tree for the landscape, provided it has enough room and plenty of moisture, say in a wet spot or a swale.

There's a reason it's also called swamp maple. The canopy will provide shade and it will grow up to 50 feet tall.

Don't despair at the thought of raking leaves. After those gorgeous star-shaped leaves of red, yellow and purple fall, just let them become mulch.

Native Virginia creeper is a prodigious volunteer in South Florida, so it's not typically sold at plant nurseries.

A fast-growing highly adaptable member of the grape family, it will grow on the ground, in the tree tops, in a pot – practically anywhere. That's why it's sometimes considered a weed rather than a wildlife-friendly vine.

However, that "weediness" makes it a good cover for trellises or ugly fences.

Once the five-pointed leaves fall, wildlife can more easily find the clusters of purple-black fruit. Reddish new growth soon appears.

Helpful hint: Don't confuse this species with poison ivy (*Toxicodendron radicans*).

Virginia creeper almost always has

five leaflets that are toothed and pointed. Native poison ivy's three leaflets vary in shape, with smooth, blunt-toothed, or lobed edges, and the fruit is white.

This photo of native muhly grass (*Muhlenbergia capillaries*) illustrates how drier crisper air brings a heightened sparkle and glistening to flora.

Summer's muggy air and the particulate matter it holds diffuses light and color, so plants have more of a misty glimmer, not a clear sparkle.

Muhly grass'ww clouds of purplish pink or white plumes make it one of the area's most popular ornamental grasses.

The color floats over the tightly rolled stiff leaf blades, moving in the wind. The plant grows up to about five feet tall.

Very low-maintenance and wildlife friendly, it tolerates drought, cold and salt,

and provides cover for wildlife. And, it prevents erosion.

Winter's crisp air makes for stunning blue skies, too, highlighting the colorful leaves of deciduous trees like red maple.

If you choose your landscape specimens thoughtfully – remember the adage "right plant, right place" – you'll spend less time maintaining the yard and more just sitting back and enjoying the color and sparkle.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, and hort.ufl.edu.

Plant Smart explores the diverse flora of South Florida.*

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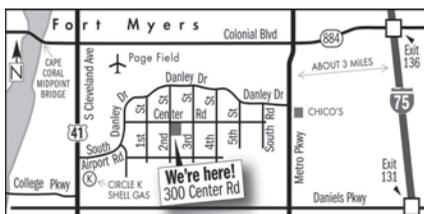


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Ladies learn spin casting with Capt. Rob Fussnecker

photo provided

Inshore Saltwater Fishing Seminar

The popular Ladies, Let's Go Fishing! University returns to Bass Pro Shops on March 21 and 22 for a saltwater inshore fishing seminar weekend. Hosted by the nonprofit Ladies Let's Go Fishing Foundation, the event offers classroom instruction, hands-on fishing activities, conservation, networking and optional guided boat fishing.

Perfect for women, men and teens who want to learn local fishing, this No-Yelling School of Fishing offers an immersive fishing educational experience on Saturday from 9:30 a.m. to 4 p.m. The sessions begin with presentations by Captains Jon Fetter, Debbie Hanson

and Rob Fussnecker on inshore/backcountry fishing, equipment usage and conservation. In the afternoon, there will be hands-on fishing skill practice for releasing, dehooking/conservation, knot tying, lure usage, fly, spin and net casting and fish fighting techniques conducted by local guides.

On Sunday, participants can opt to fish from flats charters or a group boat.

Cost is \$79 for early entry, \$89 for regular entry and \$99 for week of event. A special scholarship for women bringing teens is only \$44 each for parent and teen. No equipment or experience is necessary. Sunday fishing is additional.

Bass Pro Shops is located in Gulf Coast Town Center at 10040 Gulf Center Drive in Fort Myers. For more information and to register, visit www.ladiesletsgofishing.com.✪

Southwest Florida Birding Seminar

The sixth annual Southwest Florida Birding Seminar will be held at Florida Gulf Coast University (FGCU) on Friday, March 13 and Saturday, March 14. The annual event explores the science and value of birds in Southwest Florida and beyond.

The event, sponsored by UF/IFAS Lee County Extension and Lee County Conservation 20/20, will include field trips to local bird hot spots. The seminar welcomes birders of all levels and anyone interested in learning more about birds.

March 13 activities are from 8 a.m. to 5 p.m. and include:

Six Mile Cypress Slough Preserve North birdwatching tour – Participants will join a Conservation 20/20 guide at one of Lee County's newest preserves open to the public; possible sightings include birds of prey, limpkins and other wading birds.

San Carlos Bay - Bunche Beach Preserve sunrise birdwatching tour – Participants will join a Lee County Bird Patrol guide to explore the natural beach habitat at this Conservation 20/20 preserve, which is critical to the survival of many shorebird species.

Daniels Preserve at Spanish Creek birdwatching tour – Participants will join a

Lee County Bird Patrol guide to explore this bird hotspot in Alva; possible sightings include swallow-tailed kite, wading birds and warblers.

Photographing Birds instructional workshop at Powell Creek Preserve in North Fort Myers – Participants will learn beginners' tips for photographing birds, including scouting for birds, anticipating behavior and recommended camera angles to tell a unique story through images.

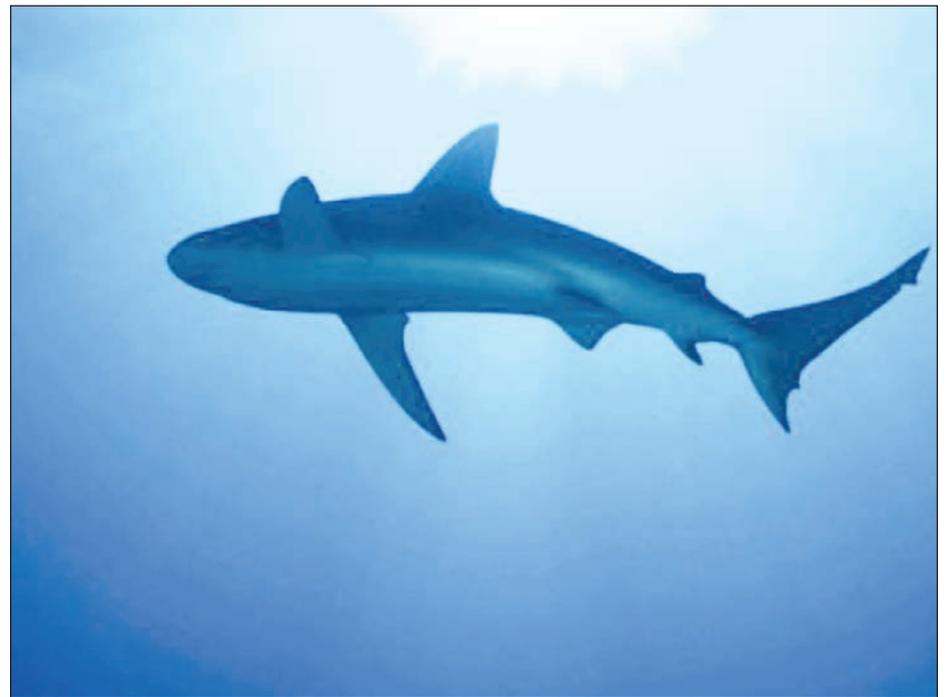
March 14 activities are from 8:30 a.m. to 4 p.m. at FGCU and include presentations from expert speakers about birds. Topics will include birdwatching around the world, the rehabilitation of injured birds and hot spots for birdwatching in Southwest Florida.

Among the list of speakers are Audrey Albrecht, coastal wildlife manager with the Sanibel-Captiva Conservation Foundation, who will speak about beach-nesting birds; and Dr. Jerry Jackson, wildlife biologist and professor emeritus from Florida Gulf Coast University, who will discuss woodpeckers in Southwest Florida.

Registration is \$35 for both days, which includes a catered lunch on Saturday. To register, visit www.2020birdingseminar.eventbrite.com.

FGCU is located at 10501 FGCU Boulevard South in Fort Myers. For more information, contact Jason Boeckman, Conservation 20/20 coordinator, at jboeckman@leegov.com, or 204-1125.✪

Global Shark Conservation



Learn how a healthy shark population is critical to the ecosystem

photo provided

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series continues in the CROW Visitor Education Center on Tuesday, March 10 at 4:15 p.m. with Ryan Orgera, CEO of Sanibel-Captiva Conservation Foundation (SCCF). Orgera will speak on Global Shark Conservation.

Between 63 and 273 million sharks are killed annually – mostly for their fins. Sharks from Florida end up in Asian fin markets, and local fisheries and ecosystems depend on healthy shark populations. Orgera will explain

the major threats to sharks globally.

Admission is \$10 for adults, \$5 for teens (ages 13 to 17) and no charge for children ages 12 and younger. Space is limited and events do sell out, so advance registration is highly recommended.

CROW's 2020 Speaker Series is presented by LCEC with weekly talks through April 14.

CROW is located at 3883 Sanibel-Captiva Road. For more information and to register, visit www.crowclinic.org/articles/2020-speaker-series-presented-by-lcec.✪

Purchase Of Ambulances Approved

The Lee Board of County Commissioners recently voted to purchase seven new Sprinter ambulances for the county's emergency medical services (EMS) fleet to replace older vehicles.

The seven new 2019 Mercedes Sprinter Custom AEV Type III ambulances, with customizations and extended warranties, will be purchased from ETR, LLC. They will be purchased using an existing competitive

bid contract with the Florida Sheriff's Association for a total amount of \$1.26 million.

The new vehicles are expected to be in service by this fall.

The vehicles replaced by the newly purchased vehicles will be assigned to the reserve fleet. Reserve vehicles are fully operational and are used when other vehicles are temporarily out of service.

In fiscal year 2018-19, the division responded to more than 87,000 emergency incidents with more than 91,000 responses. These responses were answered from 42 EMS stations across the division's six geographic districts.✪

Morning Meander At Lakes Park

Take a nature walk with a bird patrol guide at Lakes Regional Park on Saturday, March 7 at 8 a.m.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced bird patrol guides pointing out the many species in Lakes Park, a Lee County birding hot spot and crucial nesting area for many birds. Wear comfortable

shoes and dress to be outside. Bring water, sunscreen and binoculars.

This tour, which is free with paid parking, is provided in cooperation with Lee County Parks and Recreation.

Meet at Shelter A7. After entering the Lakes Park gate from Gladiolus Drive, turn right and drive to the end of the road, continuing through the parking lot. Shelter A7 is located near the train station. Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. For more information, visit www.birdpatrol.org or call 533-7580 or 533-7576.✪

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Veronica LeBlanc photo provided

Bank Official Elected To Chamber Board

Veronica LeBlanc, Sanibel Captiva Community Bank's vice president and Gateway branch office manager, has been elected to the Southwest Florida Hispanic Chamber of Commerce board of directors.

LeBlanc joined Sanibel Captiva Community Bank in 2017 to lead

the bank's Gateway branch. She manages daily operations and customer relationships, including business and consumer banking. With nearly 15 years of banking experience, she has helped the Gateway branch grow and cultivate a healthy customer roster within a range of industries, including title companies, property management firms and various small businesses.

LeBlanc is an active community servant serving as a board member and treasurer of the Kiwanis Club of Fort Myers-Gateway. She is a longtime volunteer for the United Way of Lee, Hendry, Glades and Okeechobee Counties and has served on allocations committees since 2017. In addition, she has dedicated her time to the Juvenile Diabetes Research Foundation, Junior Achievement of Southwest Florida, Blessings in a Backpack and PACE Center for Girls of Lee County.

The Southwest Florida Hispanic Chamber of Commerce is a nonprofit, nonsectarian and nonpartisan organization for the purpose of promoting, advocating and facilitating the economic advancement of its members. Established in 1989, the organization covers Charlotte, Collier, Glades, Hendry and Lee counties. To learn more, visit www.hispanicchamberflorida.org.

Founded in 2003, Sanibel Captiva Community Bank has two locations on Sanibel and five locations in Fort Myers. To learn more, visit www.sancapbank.com.✪

Early Voting Schedule For Primary Election

Early Voting for the March 17 Presidential Preference Primary can begin as early as Monday, March 2 in the State of Florida. Early Voting dates, times and locations will vary depending on where voters are registered.

In Lee County, one can vote March 7 through 14 from 10 a.m. to 6 p.m. daily:

Bonita Springs - Elections Office – Bonita Commons #105, 25987 South Tamiami Trail, Bonita Springs

Cape Coral - Elections Office – 1039 SE 9th Avenue, Cape Coral

Cape Coral-Lee County Library – 921 SW 39th Terrace, Cape Coral

East County Regional Library – 881 Gunnery Road North, Lehigh Acres

Estero Recreation Center – 9200 Corkscrew Palms Boulevard, Estero

Riverside Community Center – 3061 East Riverside Drive, Fort Myers

Lee County Elections Center – 13180 S Cleveland Avenue, Fort Myers

North Fort Myers Recreation Center – 2000 North Recreation Parky, North Fort Myers

Northwest Regional Library – 519 Chiquita Boulevard North, Cape Coral

Veterans Park Recreation Center – 55 Homestead Road South, Lehigh Acres

Early voting sites will be open daily

including on the weekends. Voters can also drop off their Vote-by-Mail ballot at any early voting location during the early voting period in their county.

In order to participate in this election, residents must have registered to vote in Florida by February 18.

For more information about Early Voting or the Presidential Preference Primary Election, contact your local Supervisor of Elections office at 533-8683 or www.lee.vote.✪

Movie In The Park

Lee County Parks & Recreation is hosting a free Movie in the Park at North Fort Myers Park on Friday, March 6 at 6:30 p.m. The movie will begin at 7 p.m.

The PG-rated adventure *Aladdin* will be the main feature. A thrilling and vibrant live-action adaptation of Disney's animated classic, it is the exciting tale of the charming street rat Aladdin, the courageous and self-determined Princess Jasmine and the Genie who may be the key to their future.

Popcorn and juice will be provided for the first 100 participants. The North Fort Myers Junior Football Association will have hot dogs and other concessions for purchase. Guests are encouraged to bring blankets or chairs.

North Fort Myers Park is located at 2000 North Recreation Park Way in North Fort Myers. For more information, call 533-7200.✪

Superior Interiors

How To Achieve A Bohemian Aesthetic

by Marcia Feeney



When was the last time you gave your home decor an upgrade? Perhaps you've been waiting to revamp a room because you have limited inspiration, or you just can't

decide what style would make the most sense for the project. If you're ready to give your living space a well-deserved aesthetic boost but you're not sure where to get started, let bohemian style take the reins.

Bohemian decor is all about creating a relaxed and care-free environment in the home. It's a mixture of culture, colors and items that are equally interesting and eclectic. The style offers an opportunity to express and diversify yourself, a route that's ideal for someone who's looking for an excuse to let their inner self shine without boundaries.

If you're not ready to part ways with a neutral color palette, you may need to take a step back. Bohemian aesthetic is only achievable when you're willing to focus on bold colors that may seem unconventional in a traditional or modern room. While you can certainly use a neutral base or foundation, you should focus on using vivid, deep shades of orange, purple and blue throughout the living space. Textures and patterns are also critical when it comes to boho chic. Traditional tapestries can bring this style together if you're looking for a wall hanging or item to drape across the couch.

From wall art and sculptures to books, plants and lamps, there's an endless opportunity to mix and match the decor to achieve the bohemian aesthetic. When it comes to accessories, don't follow the traditional phrase of "less is more." The more pattern, texture and detail in a decorative accessory, the better. For example, you can opt for throw pillows with fringe and intricate patterns to make a statement in the living room.

When it comes to furniture, it's wise to choose pieces with a vintage touch. Brand new items that look clean-cut don't fit the bohemian aesthetic. Inspired by the likes of a gypsy, each piece of furniture should tell its own story. The more textures and styles of furniture that fill the room, the better. Include lounge chairs and daybeds that encourage relaxation. When it comes to choosing textures, consider what types can help you and your guests get

cozy and feel at home with ease. Plush options are encouraged to make it simple for everyone to get comfortable by adding an arrangement of mismatched throw pillows and blankets.

Bohemian aesthetic can be a bit intimidating for someone who likes to play it safe. If you're ready to break free from your shell, this is the perfect style choice for you. Don't let the idea of tackling this task on your own keep you from achieving the boho look in your living room, book nook or bedroom. A design professional can devise a blueprint and get the ball rolling on your new and improved home that offers the casual boho vibe.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coinciden.com.✪

From page 1

New Phoenix

friends to put together their own show in the hopes of raising \$50,000. When he finds out that there is a major football game the same night, he tells everyone not to miss their show because they'll completely strip naked ("the full monty").

Now it's up to the guys to get up enough nerve to go ahead, and a lot of rehearsal is needed. There are a number of nice performances as the guys move toward their special night. Dave (Todd Lyman) is the overweight guy whose marriage is at risk due to his depression about not having a job. He has some touching performances with his wife Georgie (a delightfully brassy Nikki Hagel). Donning a G-string and baring all doesn't exactly appeal to him.

Harold (Scott Carpenter) is the plant manager who doesn't want to tell his wife he's out of work. His wife Vicki (Kristen Wilson) spends money like they have it. Malcolm (E. Shane Talbott) and Ethan (Bill Shideler) sing beautifully together in *You Walk With Me* as they discover who they are. Horse (Hoyt Goodine) is a lot of fun and you'll love his *Big Black Man* number. All the guys also excel in *Michael Jordan's Ball*. Janette (Barbara Becchino) has fun as the old-time entertainer who plays the piano for the boys.

The story has a lot of themes, marital problems, body image concerns, gender roles, money, divorce, child support and, of course, sex. There's a lot packed into the show about six out-of-work steel workers out to make it rich with a strip show. When the boys finish their last number, *Let It Go*, the audience is with them all the way.

Directed by Brenda Kensler, *The Full Monty* offers lots of laughs along with some tender moments. It plays through March 22 at New Phoenix Theatre, located at 13211 McGregor Boulevard in Fort Myers. Tickets are available by calling 284-5214 or online at www.newphoenixtheatrefortmyers.org.✪



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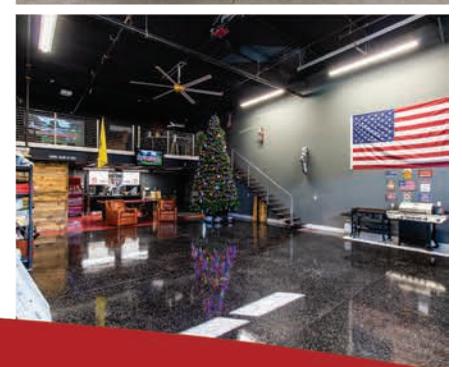
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Book Review

My Name Is Eva

by Di Saggau



The phrase, "You can pay a terrible price for keeping a promise" is written prominently on the front cover of *My Name is Eva* by Suzanne Goldring. This is a book I absolutely loved and

found extremely hard to put down. Evelyn Taylor-Clarke, Evie to loved ones and Eva in another time period, is at Forest Lawns Care Home in the heart of the English countryside. In her 90s, Mrs. T-C, as she now prefers to be called, is among many residents whose minds are not as sharp as hers. She is a woman with secrets, and she remembers them all. But in order to keep her secrets, Evelyn pretends she has dementia. She plays games with everyone who talks to her, and she enjoys it so much. It's fun for the reader to know her thoughts as she carries on a conversation with her niece Pat or the inspector who calls on her often.

Evelyn maintained her independence until she fell while trying to reach some suitcases on a top shelf of her closet. The suitcases contain many of her secrets, secrets she does not want anyone to know about while she is still alive. Reading through this gripping and emotional historical novel, we get to know her secrets. This is a phenomenal story of

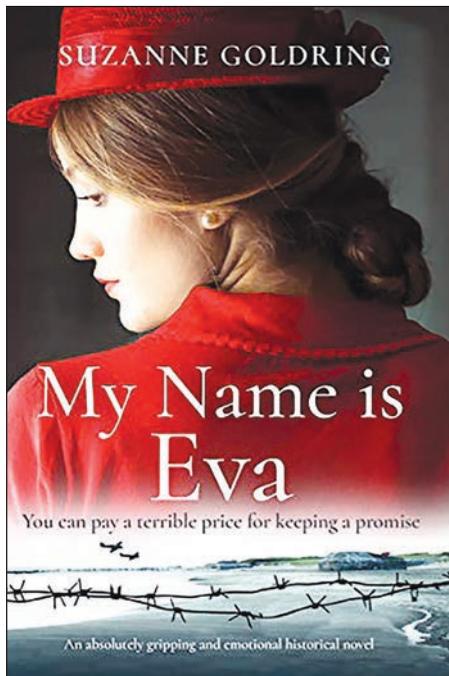


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courage, love, betrayal and murder during World War II. The author does a terrific job working the past in with the present. We learn so much about Evelyn in letters she writes to her husband, even though she knows he is dead. When she discovers how her husband died, she makes a promise to find the man responsible. Every day she opens a drawer in a dressing table that contains a special button that has special significance in the story.

Those who have read the book give it high marks, including, "This may be my

new favorite book," "A phenomenal read," "Everything about this book is amazing," and so many more. The author talked to many women in a retirement home to learn how Evelyn would adapt to her new environment in the book. In talking to the residents about their life stories, she discovered that an agile mind can often still inhabit a frail body and how important it is for the elderly to retain freedom of choice

and maintain their dignity.

My Name is Eva is historical fiction at its finest and involves a great deal of research on the times and places involved. This includes a location in Germany known as "The Forbidden Village" where Eva finds the man who gambled with her husband's life. This debut novel leaves me looking forward to another from Suzanne Goldring.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My son is in second grade, and he's been having a difficult time in math for several months. He did so well last year. What should I do?

Ellie R, Fort Myers

Ellie, Second-grade math is different from first-grade math and can be especially tricky for kids. Kids who were doing math on their fingers now have to do it in their heads. Place value and two-digit operations require kids to think in new ways which is always challenging.

In first grade, most of the math kids do can be done on their fingers. Kids are adding or subtracting single digit numbers, like $7 + 4$. And they're getting more comfortable with math symbols, like the $+$, $-$ and $=$ signs.

In second grade, there's a big jump in conceptual math, and children have to start doing math in their heads. Math problems are less concrete, more abstract and, as kids get older, math becomes increasingly more abstract. An example of this is when children start working with place value. They're adding and subtracting two-digit numbers, like $15 + 24$. For these problems, kids can't use their fingers. Sometimes, they can use physical objects, like blocks or counters, to solve problems but eventually kids have to do the problems in their heads or with symbols on paper.

Another big difference in second grade is that now students are more or less required to explain how they got their answer. Getting the right answer isn't enough, and children need to explain why it's the right answer. This is a huge challenge for many students. Lots of kids who are skilled at math can solve a problem, but they may have a lot of trouble explaining how they achieved their answer. They are often required to explain their answer using specific tools

like number lines and bar graphs. These graphic tools typically help children develop a deeper understanding of math concepts, but it does take time to learn how to use them and how to explain the process.

If your child is having a hard time with math in second grade, talk to your child's teacher. The teacher can help you figure out where your child needs help. Make sure to ask about if and how your child participates in class, what concepts your child has mastered and which concepts she needs help with and, of course, how you can help at home.

Often, simple tools can help. Graph paper is great for kids to line up math problems, especially ones with place value. Having a scratch pad handy can get your child into the habit of showing work. Mechanical pencils and good erasers may also help.

Finally, don't let struggles get your child down. One of the best things you can do is talk about what that feels like, and share times when you've also felt frustrated by your own challenges. Tell your child that everyone struggles with something, and there are ways to get better at math and that you will help your child be successful.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

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How To Exceed Customer Service Expectations

The Above Board Chamber of Florida luncheon at the Crowne Plaza Fort Myers at Bell Tower will focus on Exceeding Customer Service Expectations on Thursday, March 12 from 11:30 a.m. to 1 p.m.

Cost is \$30 for members (\$35 after March 6) and \$38 for future members (\$40 after March 6).

Panelists will include: Carol Obermeier, director of Air Service Development, Southwest Florida International Airport; Brian G. Chapman Jr. president of Chapman Insurance Group; Lynn Brewer, owner of Cloud9 Float Spa & Wellness Center; and Jessica Walker, marketing and public relations manager at Markham Norton Mosteller Wright & Company, PA.

The emcee will be Trish Leonard, president of TLC Marketing & Creative Services.

Yearly sponsors for the Above Board Chamber of Florida are Tri-Town Construction LLC, Conditioned Air, CONRIC PR & Marketing, WGPU Public Media, Gulf Coast International Properties, Naples Floral Design, Spada Salon and Day Spa, Your Walking Billboard LLC, Charlie McDonald Photography, Lady in Pink Photography LLC, Signarama North Fort Myers and Creative Business Coaches.

Crowne Plaza Fort Myers at Bell Tower is located at 13050 Bell Tower Drive. Register at www.aboveboardchamber.com or call 910-7426.*

Chairs Elected To Airport Advisory Committee

The Lee County Port Authority Airports Special Management Committee (ASMC) elected Robbie Roepstorff as chair and Noel Andress as vice chair during a recent meeting. Other members of the committee include John Goodrich, Randy Krise and Fran Myers. The committee also includes two regional members – R. Scott Cameron and Dana Carr – who represent the interests of neighboring Collier and Charlotte counties.

The committee advises the board of port commissioners on policy matters pertaining to Southwest Florida International Airport and Page Field in Fort Myers. Each port commissioner appoints one ASMC member, who serves without compensation.

Southwest Florida International Airport served more than 10.2 million passengers in 2019 and is one of the top 50 U.S. airports for passenger traffic. Page Field provides services to corporate, commercial and private aviators and accommodated more than 116,000 aircraft operations in 2019. No ad valorem (property) taxes are

used to run or expand the airports, which are funded solely with revenue generated from their operations. For more information, visit www.flylcpa.com or on Facebook at www.facebook.com/flyrsw.*

Analyst To Explain Dynamics Of The U.S. Economy

John Jung, a nationally acclaimed expert on financial markets, will provide insight on national economic trends and the implications for financial and real estate markets at

the Real Estate Investment Society's (REIS) luncheon meeting in the Magnolia Room at Pelican Preserve's Town Center on March 10 at 11:45 a.m.

The program promises a fast-paced look at the policies and politics affecting the economy and the outlook for business growth and development. Following the presentation, Jung will respond to questions of specific interest to the Southwest Florida real estate investment and development industry.

Jung is senior managing director and head of BB&T Capital Markets based in Richmond, Virginia. He has 35 years of experience in the securities industry and is responsible for leading BB&T's

capital markets businesses, including sales and trading, foreign exchange, origination, tax-exempt finance and mergers and acquisitions. He is a member of BB&T's senior leadership team and serves on several boards, including Sterling Capital Management LLC and the American Securities Association.

The meeting is sponsored by Stevens Construction. Admission is \$30 for members and \$40 for guests. Reservations are required by Thursday, March 5.

Pelican Preserve's Town Center is located at 10561 Veneto Drive in Fort Myers. For more information or to RSVP, visit www.reis-swfl.org.*

Coffee & Conversation with Elaine Weiss

Author of
**The Woman's Hour:
The Great Fight to Win the Vote**

The Woman's Hour by Elaine Weiss tells the dramatic story of the suffragist's fight to get the thirty-sixth state, Tennessee, to allow women's voting rights to be the law of the land. These are fascinating stories about a handful of remarkable women who led their respective forces into battle. 2020 is the 100th anniversary of the passage of the Nineteenth Amendment, and the 100th anniversary of the League of Women Voters.

Weiss is an award winning journalist and author whose work has appeared in many publications and journals. *The Woman's Hour* has been hailed as a "riveting, nail-biting political thriller" with powerful parallels for today's political environment. Steven Spielberg's Amblin production company is adapting the book for TV, with Hillary Rodham Clinton serving as Executive Producer.

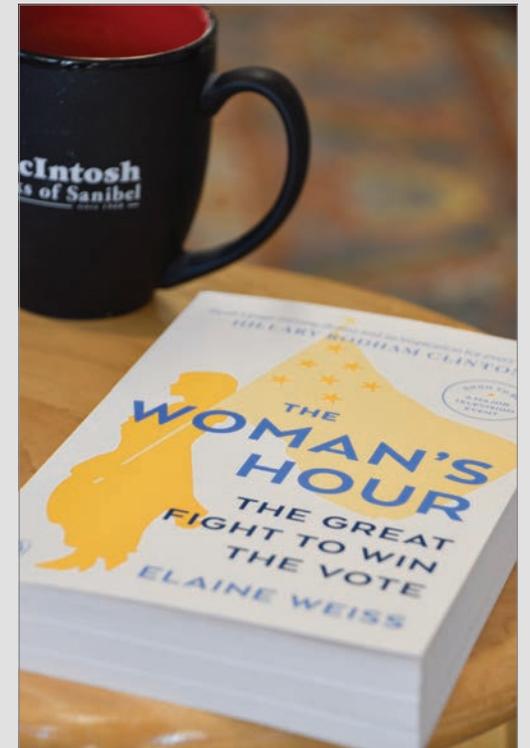


Photo by Nina Subin

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What Is A Testamentary Trust?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

My office frequently interacts with compliance officers of major banks and brokerage firms. From time to time, we receive curious inquiries from their offices after a client dies. This is because the deceased client's trust may subdivide into one or more "testamentary trusts" that continue on to benefit the client's spouse, children or other beneficiaries. The brokerage office will ask me for a copy of the trust for the spouse, children or other beneficiaries – when they already have it. You see, the testamentary trust was built inside of the revocable trust that they already possess.

If compliance officers inside of major banks and brokerage offices don't understand what a testamentary trust is, I thought that this might be a good topic for today's column.

A testamentary trust (sometimes referred to as a trust under will) is a trust which arises upon the death of the testator, and which is specified in his or her will or revocable living trust. A will or revocable living trust may contain more than one testamentary trust, and may address all or any portion of the estate.

There are four parties involved in a testamentary trust: 1) the person (referred to as the "grantor" or "settlor") who specifies that the trust be created, usually as a part of his or her will or revocable living trust – from which the testamentary trust "springs into being" upon the settlor's death; 2) the trustee, whose duty is to carry out the terms of the testamentary trust; 3) the beneficiary(s), who will receive the benefits of the testamentary trust; and possibly (4) The probate court where the testamentary trust is created by a will as opposed to when a testamentary trust automatically is created under the terms of an *inter vivos* (commonly referred to as a "revocable living") trust.

A "marital trust" that benefits a surviving spouse inside of someone's will is a testamentary trust, as is a "credit shelter" trust which may be used to consume the decedent's federal estate tax exemption. A continuing trust for a child or grandchild for educational, health or general needs is another example of a testamentary trust. So is a charitable remainder trust that springs out a revocable trust or will as of the settlor's death.

So, you can readily determine now that a testamentary trust is one that doesn't come into being until the settlor's death, and is usually found inside of an existing document such as a revocable living trust or a last will and testament.

When the compliance office of the bank or brokerage house asks for a copy of the testamentary trust instrument, I can usually tell them that they already have it. They just need to look inside of the revocable living trust to one of the articles. An article that is

entitled "Marital Trust," for example, is a testamentary trust. Same for a "Family Trust" or "Educational Trust" found within the pages of the original instrument.

The trustee of the testamentary trust may be a different party than the one who serves as the trustee of a revocable living trust. Typically, the settlor of a revocable living trust serves as his or her own trustee during the course of his or her lifetime. Upon the settlor's death, however, that person can obviously no longer serve as their own trustee. When the trust therefore divides into the testamentary trust shares, another person, bank or trust company serves.

There may even be a different trustee for each different testamentary trust formed. The spouse, for example, might be named as the trustee of the marital trust. An adult child who is the beneficiary of a continuing general needs trust, formed for his or her own benefit, may serve as the trustee of his or her own trust share.

Testamentary trusts are usually irrevocable, meaning that the terms cannot be changed or altered. This is because the settlor who created the trust has died. Even if the settlor reserved the power to amend the trust, since he or she is now dead, the trust becomes irrevocable. The exception to this is when the testamentary trust grants a "power of appointment" to a beneficiary to change the terms of the trust. I've written about powers of appointment in other columns.

Testamentary trusts all have different estate and income tax ramifications. Particularly with the higher federal estate tax exemptions, it's often better to review whether a marital trust is now more appropriate than a credit shelter or a family trust. Since many estates aren't taxable under the federal law, we can minimize taxes for your children and other beneficiaries by planning to eliminate the capital gains through a step-up in tax cost basis. Credit shelter trusts and family trusts do not receive another step up at the surviving spouse's death.

After reading this, I hope that you are better informed as to what a testamentary trust is. If so, I offer you my hearty congratulations! You're ahead of several compliance officers at major banks and brokerage houses that I've dealt with in the past few months.

©2020 Craig R. Hersch. Learn more at www.sbslaw.com.

K9 Receives Body Armor Donation

Fort Myers Police Department's K9 Mattis has received a bullet and stab protective vest thanks to a charitable donation from non-profit organization Vested Interest in K9s, Inc. The vest was embroidered with the sentiment, "Honoring those who served and sacrificed."

Vested Interest in K9s, Inc. is a 501(c)3 charity located in East Taunton, Massachusetts whose mission is to provide bullet and stab protective vests and other assistance to dogs of law enforcement and related agencies throughout the United States. The company has provided over 3,500 U.S.-made, custom-fitted, National Institute of Justice-certified (NIJ) protective vests in 50 states, through private and corporate donations, at a value of \$6.9 million dollars.

The program is open to dogs actively employed in the U.S. with law enforcement or related agencies who are certified and at least 20 months of age. New K9 graduates, as well as K9s with expired vests, are eligible to participate.

The donation to provide one protective vest for a law enforcement K9 is \$950.



Officer William Schulte and K9 Mattis photo provided

Each vest has a value between \$1,744 and \$2,283, a five-year warranty and an average weight of four to five pounds. There is an estimated 30,000 law enforcement K9s throughout the United States.

For more information, call 508-824-6978.

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Frankly Speaking

by Howard Prager



Let's get serious about sports. Many players are calling for the Astros to be stripped of their World Series title and just leave 2017 blank and, possibly, the same with the Red Sox for 2018.

This is a story that's just not going away and will be with us throughout the season.

Firsts: A few weeks ago, I wrote about the first female hockey crew officiating at a preseason game. They are now officiating a game between the Flames and Golden Knights on March 8 in Calgary. It's part of the Canadian Sportsnet's celebration of International Women's Day. For this game, they will also use an all-female production team. In other sports, Kerwin Danley is becoming the first African-American baseball crew chief. Danley has worked 10 postseason rounds and two World Series, as well as two All-Star games. And Ramon DeJesus becomes the first Dominican-born umpire on the MLB staff. Congrats to all on their success in diversifying sports officiating.

Champs: My team is the Northwestern Wildcats. Once again, three years removed from their first NCAA tournament, the men's team is near last in the Big Ten. The football team could never find their footing this year. Then came along No. 14 Northwestern (NU) Women's Basketball team, who just tied for their first Big Ten title in 30 years with their 26th win, a new record, and hopefully more to come. They are projected to be a second seed in the tournament, in part based on how they do in the Big Ten tournament this weekend. NU has the second-best three-point shooter in the country (Abi Scheid at 49 percent), the Big Ten leaders in assist-to-turnover ratio (tied, Sydney Wood and Veronica Burton at 2.4), the Big Ten leader in steals per game (Veronica Burton at 3.3) and the third-leading scorer in the conference (Lindsey Pulliam at 19 points per game). Having

worked at Notre Dame for a few years and seeing the Irish, who were ranked 1 or 2 at the time, I know a thing or two about women's basketball (cue commercial music). The game involves a lot more passing, skill and jump shots instead of hanging around and above the rim. I see far fewer fouls in the women's game, and the atmosphere, although intense, seems to be more fun-oriented. As the Wildcats women's basketball team chased a Big Ten championship this year, some of their biggest supporters were members of the football team. They enthusiastically cheered from behind the basket for games at Welsh-Ryan Arena, and they've supported the team since the beginning, before the women achieved their success this year. Nice to see teams and players supporting one another. Go Cats!

Some other good news stories this week are about younger student athletes who can truly play. Gavin Hardy is an eighth grade basketball player in North Carolina, averaging 19 points per game. He is a hard worker with Division 1 basketball and NBA dreams. He's also a strings fan. Prior to games, he listens to strings to center himself and get ready. Gavin has been playing basketball and listening to orchestras since he was age 4. But he's not just a listener. Gavin plays the string bass. And his coach asked him if he could play the national anthem before a game. He checked with his orchestra teacher and she said, "Gavin can do anything when he puts his mind to it." So recently before a game, in his basketball uniform, he played the national anthem to wild applause. It's not just about draining a three or perfecting a song for Gavin -- it's about both. "If you're gifted at two things you should be able to do both of them," he said.

As I was researching this story, I also read about Leah Streety, an Elma, New York High School track star and violinist playing the national anthem on her violin before a basketball game recently. Her performance was beautiful, and the only difference -- she didn't need to compete immediately after playing. Congrats to these young "two-way" players.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago

area who also writes and blogs about leadership. Email comments or questions to press@islandnews.com.✪

Gray Triggerfish Open In Gulf Waters

The recreational gray triggerfish season reopened to harvest in gulf state and federal waters on March 1, and will remain open through May 1, closing to harvest May 2.

If you plan to fish for gray triggerfish in gulf state or federal waters, excluding Monroe County, from a private recreational vessel, you must sign up as a gulf reef fish angler (annual renewal is required). To learn more, visit www.myfwc.com/marine and click on "Recreational Regulations" and "Gulf Reef Fish Survey" under "Reef Fish."

Learn more about gray triggerfish regulations at www.myfwc.com/marine by clicking on "Recreational Regulations" and "Triggerfish," which is under the "Reef Fish" tab.

NOAA Fisheries recently announced that the gulf recreational gray triggerfish fishery is estimated to meet its quota in early May, prompting an early quota closure in federal waters of May 2. At its February meeting, the Florida Fish and Wildlife Conservation Commission (FWC) also approved closing recreational harvest of gray triggerfish in state waters when gulf federal waters close.✪

Snook Now Open To Recreational Harvest

The recreational harvest season for snook opened March 1 in some Gulf waters, including Escambia through Hernando counties, and waters south of Gordon Pass in Collier County through Monroe County (also includes Everglades National Park).

Snook remains catch-and-release only in state waters from the Hernando/Pasco county line south through Gordon Pass in Collier County (includes all of Pasco County, Tampa Bay and Hillsborough County) through May 31, 2021, in response to the impacts of a prolonged red tide that occurred in late 2017 through early 2019. Because snook has a May 1 to August 31 annual season closure, this species would reopen September 1, 2021.

Unique to the region, snook are one of the many reasons Florida is the Fishing Capital of the World. Seasonal harvest closures and anglers using proper handling methods when practicing catch-and-release help conserve Florida's valuable snook populations and can ensure the species' abundance for anglers today and generations to come. To learn more and see a video about catch-and-release fishing and the best way to handle a fish, visit www.myfwc.com/marine and click on "Recreational Regulations" and then "Fish Handling Tips."✪

SPORTS QUIZ

1. Who was the last Minnesota Twins pitcher before Jose Berrios in 2018 to record at least 200 strikeouts in a season?
2. When was the last time before the 2019 season (Gerrit Cole, Justin Verlander) that the major leagues had two pitchers with 300 or more strikeouts in a season?
3. The Chargers' Philip Rivers set a record in 2018 for most consecutive completed passes to start an NFL game (25). Who had held the mark?
4. Between 2001 and 2019, how many years were there in which the No. 12 seeds in men's basketball failed to win at least a game in the NCAA Tournament?
5. Patrick Marleau is the all-time leader in goals scored for the San Jose Sharks. Who is No. 2?
6. Who was the only Olympian to win gold medals in both the 100 meter sprint and the 100 meter hurdles?
7. Golfer Steve Stricker set a U.S. Senior Open 72-hole record in 2019 with a 19-under 261. Who had held the mark at 264?

ANSWERS

1. Francisco Liriano, with 201 strikeouts in 2010. 2. It was 2002 (Arizona teammates Randy Johnson and Curt Schilling). 3. Mark Brunell completed 22 consecutive passes to start an NFL game in 2006. 4. Three times -- 2007, 2015 and 2018. 5. Joe Pavelski, with 355 goals scored (2006-19). 6. American Harrison "Bones" Dillard, in 1948 (sprint) and 1952 (hurdles). 7. Kenny Penney, who did it in 2017.

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Craig R. Hersch

Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA
"Will Power" Columnist, *The Island Sun*



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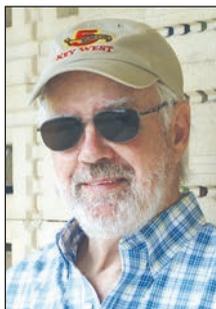


The Budweiser Clydesdales dropped by McGregor Point Shopping Center and thrilled hundreds of people in front of Nick & Stella's Family Sports Pub

photos provided

Writing Workshop Follows Lecture And Luncheon

The Sidney & Berne Davis Art Center will host a lecture and lunch with Tom Corcoran on Monday, March 9 from noon to 2 p.m. as part of the Famous Author Lecture Series. A writing workshop will follow from 3 to 5 p.m.



Tom Corcoran

Tickets for the lecture and lunch are \$40, while a table of eight is \$300. Cost for the Famous Author Writing Workshop with Corcoran is \$50 per person.

For more information on Corcoran, visit www.tomcorcoran.net.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information and tickets, visit www.sbdac.com/author-lecture-tom-corcoran.

Artist's Original Works Part Of Charity Auction

Our Mother's Home upcoming Chair-A-Tea Party auction will feature original artwork by renowned artist Marcus Jansen.

The 4th annual event will take place at Bonita Bay Clubhouse on Friday, March 20 from 11 a.m. to 2 p.m. It will include tea, lunch, dessert, silent auction, live auction and raffle prizes. The auction features one-of-a-kind, hand-painted chairs donated by local artists.

"We are excited to have the artwork of such amazing, nationally and internationally known artists," said Karen Watson, executive director of Our Mother's Home of Southwest Florida. "We appreciate that these artists see the value in our organization and take time to contribute."

Jansen, a Fort Myers resident who has artwork in museums and galleries around the world, is painting a toddler chair to be valued at \$2,000. Jansen has been widely known for his sociopolitical neo-expressionist paintings since the 1990s. He has been described by national and international art critics as one of the most important representatives in a generation of the new neo-expressionist painters.

"The theme is my usual style of urban expressionism," Jansen said. "It will come with a friend on it. That's all I'll say. One thing with me you can always count on. It will be different than all others."

The auction will also include auction items from up-and-coming wearable art designer Loki Anthony. Alva-based Loki Designz have been on display locally and were part of a public fashion shoot during New York Fashion Week last year.

The Chair-A-Tea Party is a popular Our Mother's Home event. It will be a special event this year as the organization celebrates 20 years. Our Mother's Home enables teen mothers from foster care, human trafficking and other traumas together with their children in a safe, nurturing home. Through the Mentored Living Program, residents are provided with the education, life skills, parenting classes, physical and mental health care allowing them to become productive members of our community.

There are a limited amount of tickets remaining. Get tickets for this event and donate at ourmothershome.com. Sponsorships are also still available.

For more information, call 267-4663, visit www.ourmothershome.com or email info@ourmothershome.com.

Dinner Theatre Now Open At The Shell Factory

A new dinner/theatre combination is now being offered by the Players Circle Theatre and Southern Grille at The Shell Factory. The new dinner and show package is available now through this show's inaugural season for \$39.99. A select menu will be available.

When purchasing the package, reservations will be made for 6 p.m. for the evening performance or noon for the 2 p.m. matinee. Single performance tickets only start at \$25.

Two shows are still available this season:

Curious Incident of the Dog in the Night Time – March 17 through April 12. This Tony award play is the story of a 15-year-old math savant. Autism Awareness Day occurs on April 2 during the run of the play. Special events are being planned to augment the play's theme of autism.

Miracle on South Division Street – April 21 through May 17. This comedy is a funny and heartfelt show about a family who knows its special.

The Shell Factory is located at 16554 North Cleveland Avenue in North Fort Myers. To reserve tickets, call 800-3292 or visit www.playerscircle.org.

Tea By The Sea Fashion Show

The Ostego Bay Foundation will hold the annual Tea by the Sea and Fashion Show at Bonita Bills Waterfront Café on Saturday March 28 from 11 a.m. to 1 p.m. There is limited seating.

The fundraiser features old friends, conversation and a vintage tea menu that includes tea, buffet lunch, savory dishes, and pastries complimented by fashions. Cost is \$25 per person. Don't forget to wear your favorite vintage hat!

Proceeds benefit the Ostego Bay Foundation, Inc. Founded in 1991, the Ostego Bay Foundation Marine Science Center is a self-funded 501(c)3 nonprofit educational organization that provides educational experiences to encourage stewardship of our natural resources.

Bonita Bills Waterfront Café is located at 702 Fisherman's Wharf on San Carlos Island. For more information or to reserve space, calling 765-8101 or visit www.ostegobay.org.

Fashion Show Fundraiser

The Rotary Club of Fort Myers will hold a Fashion Show Fundraiser and Luncheon at the Edison Restaurant on Friday, March 13 from 11 a.m. to 2 p.m. Proceeds will benefit Keep Lee County Beautiful and the Rotary Foundation.

Guests will experience an afternoon of fun with a ladies and men's fashion show, Italian-themed luncheon with a champagne toast, cash bar, silent auction, raffle and specialty vendors. Clothing will be provided by Anthony's Ladies Apparel and Brooks Brothers. Tickets are \$40 in advance and \$50 at the door.

The major sponsors of the event include Keith Insurance, Great Clips, West Florida Supply Company and Jack Burges. Additional sponsorships and vendor spaces are available.

The Edison Restaurant is located at 3583 McGregor Boulevard in Fort Myers. For tickets, visit www.eventbrite.com or call the rotary office at 332-8158.

Local U.S. Coast Guard Auxiliary Receives Awards

The U.S. Coast Guard and Auxiliary Division 9 leaders recently presented performance awards to members of Flotilla 91, Fort Myers Beach, including the prestigious Division 9 Flotilla of the Year Award.

Under the guidance of 2019 Flotilla Commander Nick Kaveski, the local U.S. Coast Guard auxiliary members contribute time and talents in support of the United States Coast Guard and recreational boating safety in saving lives through public education, complimentary vessel examinations, recreational boating safety outreach and public affairs initiatives.

The following awards represent exceptional performance of duty in demonstrating the core values of honor, respect and devotion to duty.

Unit Awards:

Division 9 Flotilla of the Year Award
Best Performing Flotilla Operational Support 2019

Best Performing Flotilla Member Training 2019

Coast Guard Unit Commendation for Exceptionally Service 2014 to 2019

Coast Guard Meritorious Team Commendation National Safe Boating Week 2019

Diversity Management 3 Star Award of Excellence 2019

Personal Awards:

William Knudsen – Certificate of

Performance Excellence 2019 Public Education Lead Hours

Nicholas Lopresti – Certificates of Performance Excellence 2019; Most Vessel Safety Checks - 2nd Place; Public Education Aide Hours 3rd Place; Century Club Award 100 Vessel Exams and Program Visits; Commodore's Certificate of Excellence Recreational Boating

Daniel Eaton – Commodore's Certificate of Excellence for CG Operational/Admin Support 2018; Commodore's Certificate of Recognition for Exceptional Service as the Division 9 Chairman of National Safe Boating Week

The U.S. Coast Guard Auxiliary Division 9 has nine flotillas in four counties with 670 members that support the missions of the U.S. Coast Guard, Sector St. Petersburg and Station Fort Myers Beach, Florida. In 2019, the Coast Guard Auxiliary Division 9 members contributed over 81,000 volunteer hours.

"While ribbons and certificates honor our efforts, our focus remains upon the prevention of search and rescue cases and protecting our environment with emphasis upon our guiding principles of Service to Nation, Duty to People and Commitment to Excellence," said Flotilla Commander Gerald Durham of the U.S. Coast Guard Flotilla 91.

The Coast Guard Auxiliary is the uniformed civilian component of the U.S. Coast Guard and supports the Coast Guard in nearly all mission areas. The auxiliary was created by Congress in 1939. For more information, visit www.cgaux.org.*

From page 1

Runway

Bell Tower Shops filled with wearable trendy styles that include brands from a collection of hand-selected women's, junior's and young contemporary clothing. Visit www.shopov7.com for more information.

Malerba is a multidisciplinary artist that experiments with different media, painting, installation fashion and video. She strives for artwork that captures the profound beauty and vulnerability of the natural world and explores the interrelationship of humanness and environment. She will feature her fine silk animal-inspired collection. For more information, visit www.mariapiamalerba.com.

Saturday's finale runway brings international couture designs to Fort Myers. Take in the awe-inspiring haute couture by Kenneth Barlis, Diana Couture and Usama Ishtay.

Barlis is an internationally recognized brand that has a penchant for elegance and luxury. His brand goes beyond the traditional bridal and evening wear and reflects his vision to create a lifestyle positioned at the highest level of luxury and elegance. Visit www.kennethbarlis.com for more information.

Ishtay is a petroleum engineer and geologist born and raised in Venezuela with an Arabic background. His eye for fashion and living in couture-centric Los Angeles led him to work with Fashion Hearts at LA Fashion Week. He has

dressed celebrities for the red carpet including Eve, Carrie Underwood, Erika Costell, Nikita Dragun, Ariadna Gutierrez (Miss Universe), WWE Superstar CJ Perry, Paulina Rubio, Tyra Banks and Lindsey Stirling. For more information, visit www.usamaishstay.com.

Diana Putri is an Indonesian creative director and fashion designer behind the brand Diana Couture. Her signature style is couture that juxtaposes a woman's elegance and strength. An award-winning designer, Putri has had her pieces grace many runways and some of Hollywood's most iconic moments. She has dressed the likes of Ariana Grande, Janet Jackson, Nicki Minaj, Camila Cabello, Carrie Underwood, Kesha, Meghan Trainor, Paris Hilton and Normani. Visit www.nyfw.net/designers/diana-couture for more information.

Art Walks the Runway is organized and hosted by Melissa Tschari DeHaven. It involves hair styles and makeup by Paul Mitchell Stylists, runway music on Friday night by Sol Productions' DJ Tommy Giaime and runway music on Saturday by DJ Ceron.

Sponsors include BMW of Fort Myers, Planned Perfection, *The News-Press*, Paul Mitchell the school, Courtyard Marriott and Sol Productions.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For tickets and more information, visit www.sbdac.com/awtr-2020 or call the box office at 333-1933.*

Talk On Medical Breakthroughs

Shell Point Retirement Community will conclude its 5th annual 2020 Medical Breakthroughs & Discoveries series with a presentation by Jay Saccaro in the Village Church Auditorium on The Island at Shell Point on Monday, March 30 at 7 p.m.

The presentation, which is free and open to the public, is entitled Innovation and Progress at a Modern Healthcare Company. Saccaro, the executive vice president and chief financial officer for Baxter International, Inc., will offer an overview of the innovation process and approach at Baxter International, Inc., including the company's focus on customer input in product development. He will also share specific examples from Baxter's renal business, where the focus has been on modernizing the devices that are used in home treatment for end-stage renal disease and the use of technology to improve patient experience.

Baxter International, Inc. is a Fortune 500 American health care company that focuses on products to treat hemophilia, kidney disease, immune disorders and other chronic and acute medical conditions. Saccaro originally joined the company in 2002 as manager of strategy for the company's BioScience business, and over the years assumed positions of increasing responsibility, including vice president of financial planning and vice president of finance for the company's operations in Europe, the Middle East and Africa, as well as corporate vice president



Jay Saccaro photo provided and treasurer.

He previously held positions at Clear Channel Communications and the Walt Disney Company, and was also senior vice president and chief financial officer at Hill-Rom Corporation. He received a bachelor's degree in economics and a master's degree in engineering-economic systems from Stanford University.

Shell Point's 2020 Medical Breakthroughs & Discoveries is a community speaker series designed to share updates on the latest advances in medical research and health care practice.

The Island at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers. Registration is requested by calling 433-7936.*

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- Tinnitus or hearing problems
- Torticollis / cervical dystonia
- And many more!

The Hauser Neck Center at Caring Medical Florida specializes in unique, dynamic diagnostic tests that find what traditional MRI scans can miss, and Comprehensive H3 Prolotherapy to treat the underlying structural cause of chronic neck pain, migraines, and neurological symptoms.

Learn more at CaringMedical.com and contact our team to review your case!



Ross Hauser, MD

Hauser Neck Center
Caring Medical Florida
9738 Commerce Center Ct.
Fort Myers, FL 33908
(239) 308-4725
DrHauser@CaringMedical.com



HELPING THE WORLD SEE CERVICAL INSTABILITY WITH 2020 VISION!

dearRPharmacist

How To Make Your Own Hand Sanitizer

by Suzy Cohen, RPh



Dear Readers: As fear of coronavirus COVID-19 spreads across the United States, many people have started buying hand sanitizer. But this product is already sold out in a lot of stores, and

the prices online have skyrocketed due to sellers acting very opportunistically. It's a supply and demand issue and now that everyone wants it, they can take advantage of you.

Today, I'm offering you alternative methods to sanitize your hands and cell phone cases, door knobs, buggy handles, and whatnot. I have a more detailed version of this article that I can email to you after you sign up for my free newsletter at www.suzycohen.com.

Do not spray any of these on your face, or near your eyes because it will burn. These are intended as recipes for external application only.

Here are some of my best ideas to make a home-made hand sanitizer and the essential oils I mention all have some degree of activity against pathogens.

Hydrogen Peroxide – You can buy 3 percent hydrogen peroxide pretty much anywhere still. Put this in a spray bottle and use it like you would hand sanitizer. If you want to make it last longer, dilute it with a little water.

Tea Tree Essential Oil – Combine 10 drops of essential oil of tea tree and mix with approximately four ounces of water and put into a spray bottle. If the scent is too 'antiseptic' for you, you can certainly add some other essential oil that you like such as lemon or lavender, both of which offer even more anti-bacterial and anti-viral benefits.

Eucalyptus in Aloe Vera – Pour out one ounce of aloe vera gel or juice into a four ounce spray bottle. You can use either in my opinion, and I've done that myself. The aloe juice is technically drinkable, but the reason it might be okay for your spray bottle is because it is less viscous, so it goes into solution very nicely. I've made my own homemade facial toners using aloe vera juice (not gel). The gel is fine too, it's just thicker and it's sold for external use. Either way, the next thing you do is add 10 drops of essential oil of eucalyptus and, finally, fill the bottle to the top with water.

Distilled White Vinegar – Many of you have bottles of plain vinegar in your home to use as a cleanser, or in recipes. You can buy about a gallon of this stuff for \$5 or so. Vinegar is a great disinfectant and is known to destroy many gram-negative bacteria like *E. coli*, *Salmonella* and other pathogens. If I were making this, I would add 5 drops each of patchouli, lemongrass, tea tree and thyme.

Rubbing Alcohol – If the stores run out of everything, you can always use rubbing alcohol to kill germs. I recommend you dilute by about 50 percent with water and to cut down on the alcohol scent add some essential oil of eucalyptus, lemon or orange.

Colloidal Silver – We all know that silver was the antibiotic of choice for years until proprietary drugs became available. Silver is a strong antibacterial. You can buy a bottle of colloidal silver and use it at 100 percent strength in your spray bottle. Don't dilute it. I'd personally recommend that you add five drops each of clove and eucalyptus to the silver.

I want to make sure that you realize that hand sanitizers do not kill COVID-19. Nothing I say here is to be misconstrued as medical advice and do not delay seeking medical attention if you have respiratory symptoms.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

with leading organizations that offer high wages as well as benefits such as insurance, vacation and tuition assistance for continuing education. They are also careers that offer growth, hands-on training and intimate time caring for patients in a hospital or a nursing home.

"It feels good to go home and say I helped someone today; I made them feel good today," said Dershay Brown, a certified nursing assistant with Lee Health. "As a CNA, you can go into LPN (licensed practical nurse), you can go into RN (registered nurse), you can do home health. I'm able to sit down with my patient and actually talk to them, and they feel good about it afterward."

Representatives and recruiters will be on hand to discuss MA and CNA qualifications, tuition assistance and scholarship opportunities with prospective candidates. FutureMakers Coalition partners include Cape Coral Technical College, Fort Myers Technical College, Lee Health, Cypress Cove, Hope Healthcare,

Doctor and Dietician

Does Cooking Make You Anxious?



by Ross Hauser, MD and Marion Hauser, MS, RD

Do you try new recipes or are you afraid to try new things? Some people love to cook, and others hate it. But truly, cooking your own meals is one of the keys to staying healthy because you can control what goes into your mouth. Neophobia is the fear of eating new or unfamiliar foods. Some people suffer from anxiety over cooking. For those who love trying new foods, recipes and ideas in the kitchen, we cannot imagine, but not everyone is there. And that's okay. We crazy cooks may suffer from other anxieties.

Some people have zero experience with cooking. They have never done it; thus, they have no confidence, thus even "basic" recipes seem overwhelming... or they may have cooked, but somehow just got out of the habit. Prepared foods or take-out became the norm because "it's easier." Thus, cooking from scratch became a daunting task because of lack of practice.

Avoiding something, however, just leads to more anxiety – whether cooking or some other fear.

Some people are embarrassed to talk about cooking anxiety. But let's get it out in the open. Your health depends on it. Look at it to grow and improve

yourself. Wherever you are starting from, you can get better and you will find it easier and less anxiety-provoking the more you try it.

Tips to help you jump back into the cooking mindset:

1. Allow yourself at least twice the amount of time you think you will need. You don't want to be eating dinner at 10 p.m.

2. Write things down. Cooking is part art and part science. Recipes are a guide; thus, I like to tweak them as I go. I print recipes and makes notes on them as I tweak, storing them in a binder so I can remember.

3. Set realistic expectations. Start with simple recipes and build from there.

4. Get yourself a few good kitchen utensils. My basics are a good knife, cutting board, mixing bowl, stainless steel frying pan and three-quart pan, baking sheet, wooden spoons, measuring cups/spoons and 9- by 13-inch baking pan. This is a great place to start.

5. Make something that you like! Next time you are eating out, think "I could totally make that!" Then jump onto "Dr. Google" and find a recipe.

6. Use good ingredients. Cheap, bad, stale does not equal a good dish. Most great dishes do not require a lot of ingredients, but the few that you do use require fresh and high quality. We are blessed to have access to great shopping right here on Sanibel, as well as online. I love www.savoryspiceshop.com for lovely blends of spices that make cooking easy. Check it out.

"This is my invariable advice to people: Learn how to cook – try new recipes, learn from your mistakes, be fearless, and above all, have fun!" -- Julia Child

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com. ✨

Learn How To Begin A Career In Healthcare

FutureMakers Coalition partners are teaming up to hold an informational event for prospective students to learn about careers as certified nursing assistants (CNA) and medical assistants (MA) at Cape Coral Technical College on Tuesday, April 21 from 5 to 7 p.m.

Anyone interested in getting a start with a career in healthcare is encouraged to attend. The goal is to find interested students and help them get their tuition and related fees paid so that they are ready for a new career in just one year. The event is open to current high school students that meet eligibility requirements.

Careers in healthcare continue to be in high demand and certified nursing assistants and medical assistants benefit from tremendous opportunities

CareerSource Southwest Florida, Physician's Primary Care, Shell Point Retirement Community and the School District of Lee County.

Potential students are encouraged to complete the FAFSA at www.studentaid.ed.gov/sa/afsa. In order to prescreen for funding, attendees are asked to bring their identification, Social Security Card and Paystub if working.

Cape Coral Technical College is located at 360 Santa Barbara Boulevard North in Cape Coral. To register for the event, visit http://bit.ly/cna_registration. ✨

From page 1

ACT Gallery

graduated from the Lehigh Senior High School Center for the Arts in 2019 and has worked with several graphic designers, musicians and even illustrated a book.

Fischler, a junior at Fort Myers High School, has developed a love for the

area's waters and natural beauty, but also its genuine and interesting inhabitants. Those connections, she hopes to convey through the work in this exhibit. After meeting an online challenge to draw something new every day for the last 100 days of the year in 2017, she decided to keep going... through the entire next year. One of her paintings earned Best in Show at the ArtFest Fort Myers Art Under 20 competition. Two of her pieces received Silver Key and Honorable Mention from the Southeast Art Region-at-Large of the Scholastic Art Camp. An oil painting of her twin brother won first place in the Congressional Art Competition for the local district and is currently hanging in the Cannon Tunnel of the U.S. Capitol building.

This exhibition continues to Monday, March 30.

Arts for ACT Gallery is located at 2265 First Street in downtown Fort Myers. For more information, visit www.artsforactgallery.com. ✨

PETS OF THE WEEK photos provided

Lee County Domestic Animal Services

Scott And Bandit



Scott ID# A808327

Great Scott! You can adopt this handsome fella for just \$25 with an approved application! Hello, my name is Scott. I am a 10-year-old male bull terrier mix who knows sit, stay, is very leash trained and has gotten past all the pesky puppy and 'tween stages. You can just move right to the regal 'James Bond' stage with me. I am always happy and smiling, and will greet you with a tail wag while ready to go out for a walk or just climb in your lap.

My adoption fee is \$25.

Hi, I'm Bandit. I am a 4-year-old male domestic shorthair who has been very aptly named as I am quite the toy stealer in the free-roam room. I love to sneak up on my feline friends and snatch their toys away from them. I do this, of course, in hopes of starting the typical game of cat and



Bandit ID# A809605

mouse. I am the perfect cat to adopt if you are thinking of taking advantage of the adopt-one-get-a-feline friend at no additional charge special. You can adopt this mischievous guy and maybe one a little more laid-back to have the best of both worlds.

My adoption fee is \$40 with the adopt-one-get-a-feline friend at no additional charge

Are you looking to adopt a new furry friend? Whether you are looking for a dog, cat, bunny or perhaps a ferret, stop by Lee County Domestic Animal Services in March to see the fun and games we have planned. Adoption fees on all adult dogs and cats will be reduced to \$40 with an approved application. In addition, play the game of the day to win a prize with your adoption.

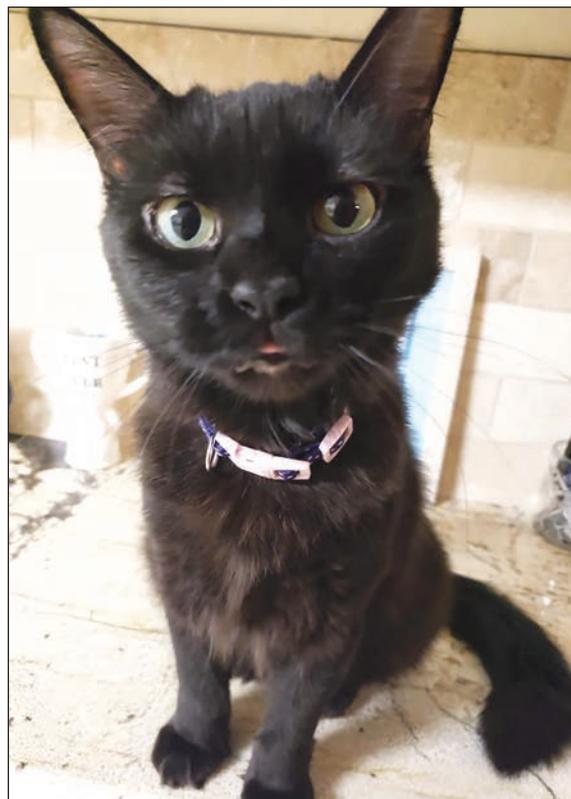
*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.**

Haven on Earth Animal League

Eve

Hi There! My name is Eve -- perfect for Christmas Eve and New Year's Eve. I'm only about two or three years old, so I'm still young and playful. I've had a rough life so I'm looking for someone to love me forever. I was found in a garden center, trying to protect my five kittens. I was emaciated, full of tapeworms and missing fur. Luckily, someone from Haven on Earth Animal League took me in and fostered me. I'm all better now and ready to spend my life being pampered, as I should be. I am very affectionate and like to cuddle in bed or on the sofa with my human. I get along with other cats, and I even like the dogs in the house -- but don't tell anyone. If you want to meet me, call Aviva (my foster mom) at 204-6849 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.**



Eve



| | |
|--------------------------------------|----------------|
| Emergency | 911 |
| Lee County Sheriff's Office | 477-1200 |
| Florida Marine Patrol | 332-6966 |
| Florida Highway Patrol | 278-7100 |
| Poison Control | 1-800-282-3171 |
| HealthPark Medical Center | 1-800-936-5321 |
| Ft. Myers Chamber of Commerce | 332-3624 |
| Foundation for Quality Childcare | 425-2685 |
| Fort Myers Beach Chamber of Commerce | 454-7500 |
| Fort Myers Beach Library | 463-9691 |
| Lakes Regional Library | 533-4000 |
| Lee County Chamber of Commerce | 931-0931 |
| Post Office | 1-800-275-8777 |
| Visitor & Convention Bureau | 338-3500 |

ARTS

| | |
|---|--------------|
| Alliance for the Arts | 939-2787 |
| Arts For ACT Gallery & Studio | 337-5050 |
| Art League Of Fort Myers | 275-3970 |
| Barbara B. Mann Performing Arts Hall | 481-4849 |
| BIG ARTS | 395-0900 |
| Broadway Palm Dinner Theatre | 278-4422 |
| Cultural Park Theatre | 772-5862 |
| Edison Festival of Light | 334-2999 |
| Florida Repertory Theatre at the Arcade | 332-4488 |
| Florida West Arts | 948-4427 |
| Fort Myers Harmonica Band | 610-653-7940 |
| Fort Myers Symphonic Mastersingers | 288-2535 |
| Gulf Coast Symphony | 489-1800 |
| Harmony Chorus, Charles Sutter, Pres | 481-8059 |
| Naples Philharmonic | 239-597-1111 |
| The Schoolhouse Theater | 472-6862 |
| SW Florida Symphony | 418-0996 |
| Theatre Conspiracy | 936-3239 |
| Young Artists Awards | 574-9321 |

CLUBS & ORGANIZATIONS

| | |
|---|---|
| American Legion Post #38 | 239-332-1853 |
| Angel Flight | 1-877-4AN-ANGEL |
| Animal Refuge Center | 731-3535 |
| American Business Women Association | 357-6755 |
| Audubon of SWFL | https://www.audubonswfl.org/ |
| Caloosahatchee Chapter DAR | 482-1366 |
| Caloosahatchee Folk Society | 321-4620 |
| Cape Chorale Barbershop Chorus | 1-855-425-3631 |
| Cape Coral Stamp Club | 542-9153 |
| duPont Company Retirees | 454-1083 |
| Edison Porcelain Artists | 415-2484 |
| Embroiderers Guild of America - Sea Grape Chapter | 239-267-1990 |
| FM UDC Chapter 2614 - United Daughters of the Confederacy | 728-3743 |
| Friendship Force Of SW FL | 561-9164 |
| Garden Club of Cape Coral | 239-257-2654 |
| Horticulture and Tea Society | 472-8334 |
| Horticultural Society | 472-6940 |
| Lee County Genealogical Society | 549-9625 |
| Lee Trust for Historic Preservation | 939-7278 |
| NARFE (National Active & Retired Federal Employees) | 482-6713 |
| Navy Seabees Veterans of America | 731-1901 |
| Paradise Iowa Club of SWFL | 667-1354 |
| Sons of Confederate Veterans | 332-2408 |
| Southwest Florida Fencing Academy | 939-1338 |
| Southwest Florida Music Association | 561-2118 |
| Kiwanis Fort Myers Beach | 765-4254 or 454-8090 |
| Kiwanis Fort Myers Edison | 694-1056 |
| Kiwanis Fort Myers South | 691-1405 |
| Iona-McGregor | 482-0869 |
| Lions Club Fort Myers Beach | 463-9738 |
| Lions Club Fort Myers High Noon | 466-4228 |
| Lions Club Estero/South Fort Myers | 898-1921 |
| Notre Dame Club of Lee County | 768-0417 |
| Organ Transplant Recipients of SW Florida | 247-3073 |
| POLO Club of Lee County | 477-4906 |
| Rotary Club of Fort Myers | 332-8158 |
| Sanibel-Captiva Orchid Society | 472-6940 |
| United Way of Lee County | 433-2000 |
| United Way 211 Helpline (24 hour) | 211 or 433-3900 |

AREA ATTRACTIONS

| | |
|---|--------------|
| Bailey-Matthews National Shell Museum | 395-2233 |
| Burrough's Home | 337-9505 |
| Calusa Nature Center & Planetarium | 275-3435 |
| Edison & Ford Winter Estates | 334-7419 |
| Fort Myers Skate Park | 321-7558 |
| Imaginarium Hands-On Museum & Aquarium | 321-7420 |
| JN "Ding" Darling National Wildlife Refuge | 472-1100 |
| Koreshan State Historic Site | 239-992-0311 |
| Langford Kingston Home | 239-334-2550 |
| Ostego Bay Foundation Marine Science Center | 765-8101 |
| Skatium | 321-7510 |
| Southwest Florida Historical Society | 939-4044 |
| Southwest Florida Museum of History | 321-7430 |
| True Tours | 945-0405 |

To be listed in calling card email your information to: press@riverweekly.com

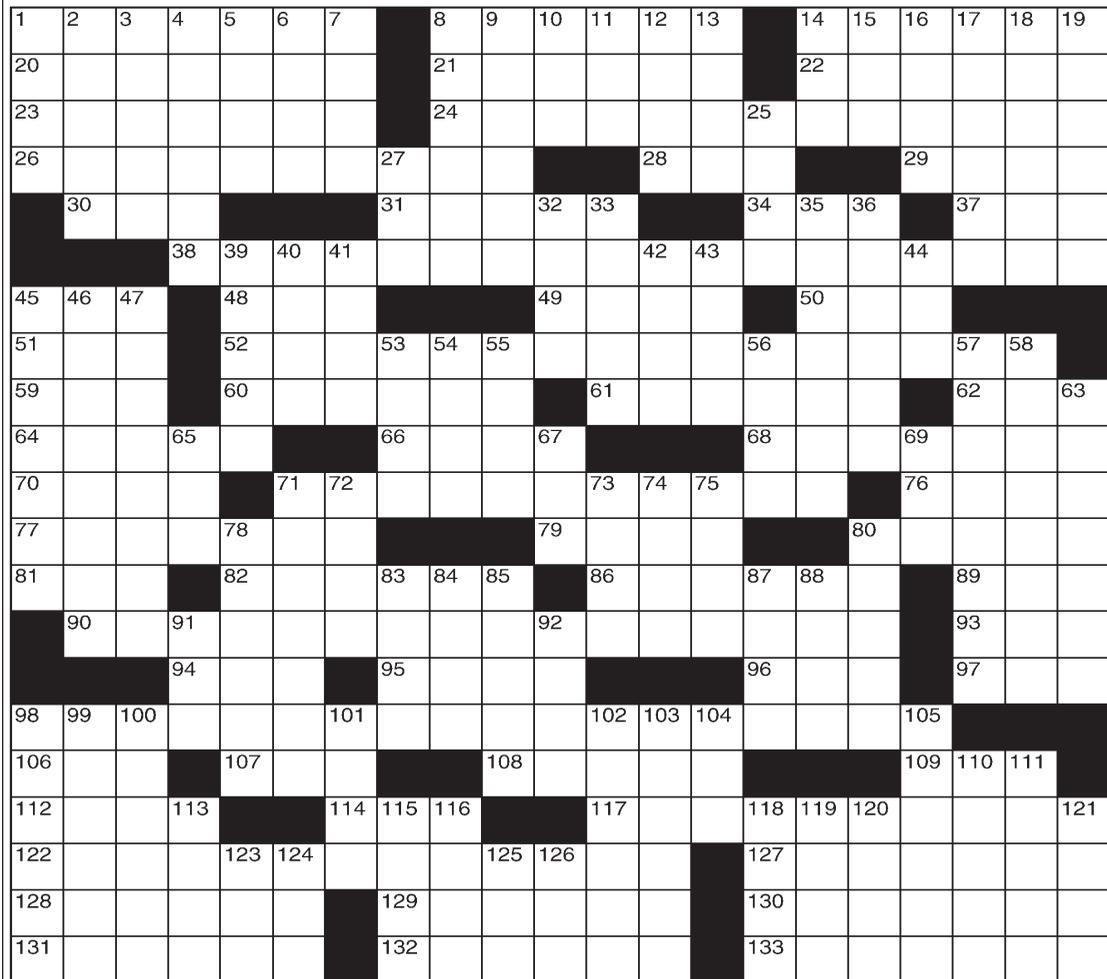
PUZZLES

Answers on page 28

Super Crossword

MULTIPLE LISTING

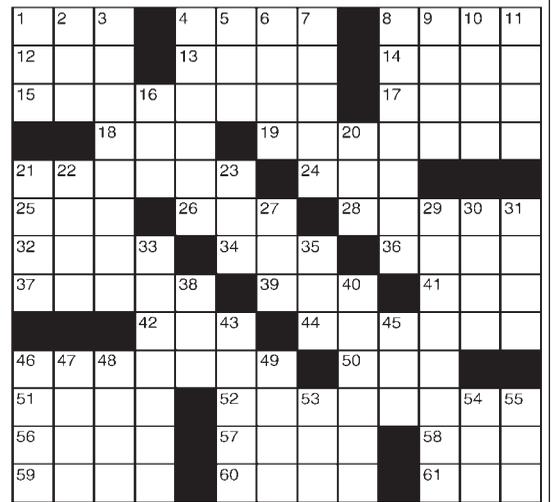
- ACROSS**
- 1 Nightclub show
 - 8 "Sweet Rosie —" (Betty Grable film)
 - 14 Floating with no control
 - 20 Surplus amount
 - 21 Greek Muse of astronomy
 - 22 Pointy beard
 - 23 Cough-quelling tablet
 - 24 Cowboys' toppers
 - 26 Like old teams that ferried borax
 - 28 Luau garland
 - 29 Knife incision
 - 30 — -mo replay
 - 31 Big serving spoon
 - 34 Big record label, once
 - 37 Suffix with serpent
 - 38 Long-term home loan option
 - 45 Javelin's path
 - 48 Ending for señor
 - 49 Small musical band
 - 50 The "A" of ETA: Abbr.
 - 51 Mem. of the family
 - 52 1979 Nick Nolte film
 - 59 L-P center
 - 60 More silver-haired
 - 61 Dispatched in the direction of
 - 62 Hold up
 - 64 Pianist's challenge
 - 66 Rajah's mate
 - 68 With a leg on each side of
 - 70 "Apollo 13" org.
 - 71 1994 Erica Jong memoir
 - 76 Unlucky time for Caesar
 - 77 Cold Lipton offering
 - 79 — -am (touter of green eggs and ham)
 - 80 Food fish
 - 81 Gp. to call after a stall
 - 82 Deft
 - 86 King in "The Lion King"
 - 89 State south of S. Dak.
 - 90 Flying on foot
 - 93 Ill, in modern Rome
 - 94 Ex-Texas governor
 - 95 Fat-removal procedure, for short
 - 96 Chou En- (former Communist leader)
 - 97 Old JFK lander
 - 98 Philadelphia election-monitoring group
 - 106 Santa —, California
 - 107 This moment
 - 108 French for "daughter"
 - 109 Meditation syllables
 - 112 Take care of
 - 114 "... — mouse?"
 - 117 Phileas Fogg's around-the-world time
 - 122 Right angle feature
 - 127 Satirist P.J.
 - 128 Penguin type
 - 129 Lack
 - 130 More boisterous
 - 131 Father, e.g.
 - 132 Seaport south of Kiev
 - 133 No less than
- DOWN**
- 1 Male foal
 - 2 States bluntly
 - 3 Gemstone mounting
 - 4 "Am sol" retort
 - 5 Vent vocally
 - 6 Like omelets
 - 7 Be rife (with)
 - 8 Money spent
 - 9 Gluttonous
 - 10 Managed
 - 11 Director Lee
 - 12 Oven knob
 - 13 Ivy League school
 - 14 In past time
 - 15 With 74-Down, longtime morning radio host
 - 16 Match cheers
 - 17 Napoli locale
 - 18 Throwing a big party for
 - 19 Student being quizzed
 - 25 VIP's ride
 - 27 Final: Abbr.
 - 32 "— smile be your umbrella"
 - 33 British peers
 - 35 Artsy- —
 - 36 Basically
 - 39 Door part
 - 40 "Do — else!"
 - 41 — avis
 - 42 Provoke
 - 43 Mournful cry
 - 44 Pound sound
 - 45 Iran neighbor
 - 46 Avis offering
 - 47 Inspector in "The Pink Panther"
 - 53 Supermodel
 - 54 Use the ears
 - 55 '62 Bond film
 - 56 RBIs, e.g.
 - 57 Some fishing spears
 - 58 Some Alpine singers
 - 63 Safest option
 - 65 Father
 - 67 Conditions
 - 69 Tumbler top
 - 71 Was a tributary of
 - 72 Bring home
 - 73 Renown
 - 74 See 15-Down
 - 75 Cartoon skunk — La Fume
 - 78 It gives red wine its color
 - 80 "— isn't sol"
 - 83 Eye flirtatiously
 - 84 Nastase of the court
 - 85 — the iceberg
 - 87 Car shaft
 - 88 Marvel's Lee
 - 91 "Platoon" zone, briefly
 - 92 Ex-U.N. head Annan
 - 98 Brief sleep
 - 99 City east of Syracuse
 - 100 Way
 - 101 Having no depth, briefly
 - 102 Rains down ice pellets
 - 103 Actress
 - 104 Really chill, with "out"
 - 105 "Hey, bro!"
 - 110 Singer Callas
 - 111 Comedian
 - 113 Editing mark
 - 115 Total revision
 - 116 Ripened
 - 118 Circle dance
 - 119 Horse pace
 - 120 Cry of pain
 - 121 Spanish muralist
 - 123 Foil material
 - 124 Up to now
 - 125 "Norma —"
 - 126 Trauma ctrs.



King Crossword

ACROSS

- 1 Tummy muscles, for short
- 4 Slapstick arsenal
- 8 Scallopini meat
- 12 Press for payment
- 13 Ireland
- 14 Not working
- 15 Classic Anne Murray song
- 17 Location
- 18 Charlotte's creation
- 19 Capitol VIP
- 21 Pamper
- 24 Gun the engine
- 25 Melody
- 26 Sprite
- 28 Thin smoky streaks
- 32 Messy sort
- 34 Cut the grass
- 36 Fit of peevishness
- 37 High-strung
- 39 Michael Jackson album
- 41 — budget
- 42 Affirmative action?
- 44 About to fall asleep
- 46 Old-style hair-piece
- 50 Curved line
- 51 Neighbor of Cambodia
- 52 Increase rapidly
- 56 Scandinavian city
- 57 Sagan or Sandburg
- 58 Shooter ammo
- 59 Adolescent
- 60 Has bills
- 61 Dr. Ruth's subject
- 5 Square root of IX
- 6 Blunders
- 7 Passover feast
- 8 Compared to
- 9 Tend texts
- 10 Choir member
- 11 Ogle
- 16 Marry
- 20 Fresh
- 21 Money
- 22 Unctuous
- 23 Shade provider
- 27 Watch chain
- 29 Mountain peak covers, often
- 30 Bowlers' target
- 31 Remain
- 33 Blessing
- 35 Bankroll
- 38 Ply oars
- 40 Talks Dixie-style
- 43 Mirror-ball venue
- 45 Sphere
- 46 Basis for a whodunit
- 47 Relaxation
- 48 Portrayal
- 49 Chew like a chipmunk
- 53 Tramcar contents
- 54 Shelter
- 55 Remiss



MAGIC MAZE ● MISSING —

E N K H E B Y V S P M J H E B
 Y V T Q O L T I G D B Y W T R
 P M K P I R R F D B Y W U S Q
 O T D M E K E I F S D B Z X W
 U S N R T R A D Q O T N L J K
 H F D I O C S A N Y W R V R T
 S Q P N O W U O Y I A T A D L
 K I H F T P R K N I L M E P C
 ? G N I H T E M O S E Y M B Z
 Y W V U S R A H U H Q P C O N
 M L J I H N O I T C A N I F C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|-----------|---------|------------|----------|
| Comma | Link | Something? | Treasure |
| Cylinder | Out | The mark | Word |
| Data | Parts | The point | You |
| In action | Persons | Tooth | |



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Effective
MICANDY

Simulated
TRAILVU

Connection
LEAKING

Avoid
REGION

"Too bad she got a job as a cop — she was the best _____ we ever had."

Answer on page 31

TODAY'S WORD

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 1 | 3 | | | | | 6 |
| | 7 | | | 2 | | 3 | | |
| 9 | | | | | 5 | 8 | 4 | |
| | 1 | | | | 3 | | 9 | |
| 2 | 4 | | | 8 | | 5 | | |
| | | 3 | 6 | | | | | 7 |
| | | 4 | | | 9 | 1 | | |
| 3 | | | 1 | 5 | | | 2 | |
| | 6 | | | 7 | | | | 8 |

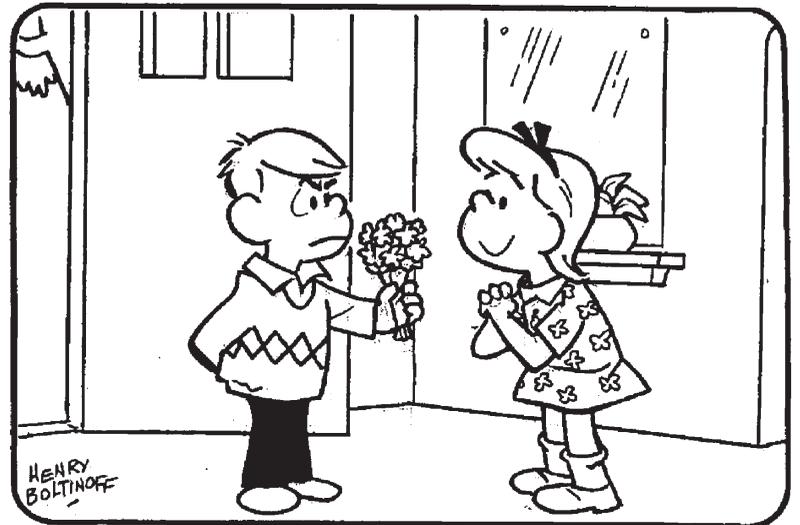
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

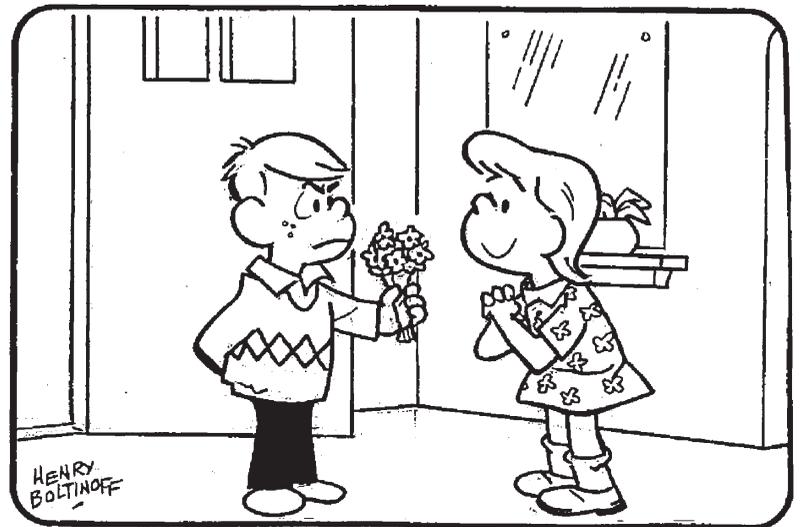
Answer on page 28

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Bow is missing. 2. Plant is missing. 3. Freckles are added. 4. Girl's shoe has changed. 5. Tree is missing. 6. Flowers are different.



Taco-Stuffed Bell Peppers

- 3 large bell peppers (your favorite color), halved lengthwise, seeds removed
- 1 pound lean ground beef
- 2 cups tomatoes, diced
- 1 cup zucchini, diced small
- 1 cup squash, diced small
- 1 cup onion, chopped
- 1 tablespoon garlic, minced
- 1 lime, juiced
- 1 teaspoon oregano
- 1 teaspoon onion powder
- 1 teaspoon smoked paprika
- 1 teaspoon chipotle chili powder
- 1 tablespoon chili powder
- 2 cups Colby jack cheese, shredded (or your favorite)
- Olive oil, for cooking
- Various toppings, such as tortilla chips, sour cream, and cilantro
- Sea salt and fresh ground pepper, to taste



Taco-Stuffed Bell Peppers

translucent. Add garlic and ground beef to the cooking onions. Brown ground beef and drain any excess fat. Add the lime juice, dry spices, tomatoes, zucchini, and squash; stir to combine. Remove from

heat and let cool slightly. Add about half of the cheese to the beef mixture and stir to combine. Evenly stuff each pepper half with the beef mixture. Top each stuffed pepper with the rest of the cheese. Place

stuffed peppers on a cookie sheet and bake in preheated oven for 15 to 20 minutes. Remove from oven and let cool slightly. Serve warm with chips, salsa, and sour cream.*

photo courtesy Fresh From Florida

| | | | | | | |
|---|--|---|--|--|---|--|
|  <p>FRIDAY Sunny High: 76 Low: 60</p> |  <p>SATURDAY Partly Cloudy High: 79 Low: 62</p> |  <p>SUNDAY Mostly Sunny High: 76 Low: 60</p> |  <p>MONDAY Partly Cloudy High: 77 Low: 61</p> |  <p>TUESDAY Cloudy High: 73 Low: 57</p> |  <p>WEDNESDAY Partly Cloudy High: 70 Low: 54</p> |  <p>THURSDAY Partly Cloudy High: 72 Low: 52</p> |
|---|--|---|--|--|---|--|

Redfish Pass Tides

| Day | High | Low | High | Low |
|-----|----------|---------|----------|----------|
| Fri | 12:51 pm | 4:58 am | 10:11 pm | 3:41 pm |
| Sat | 1:05 pm | 5:43 am | None | 4:43 pm |
| Sun | 12:12 am | 7:22 am | 2:20 pm | 6:36 pm |
| Mon | 1:09 am | 7:58 am | 2:36 pm | 7:28 pm |
| Tue | 2:03 am | 8:31 am | 2:54 pm | 8:20 pm |
| Wed | 2:57 am | 9:01 am | 3:15 pm | 9:14 pm |
| Thu | 3:54 am | 9:27 am | 3:40 pm | 10:11 pm |

Point Ybel Tides

| Day | High | Low | High | Low |
|-----|----------|---------|----------|----------|
| Fri | 11:56 am | 5:00 am | 9:16 pm | 3:43 pm |
| Sat | 12:10 pm | 5:45 am | 11:17 pm | 4:45 pm |
| Sun | 1:25 pm | 7:24 am | None | 6:38 pm |
| Mon | 12:14 am | 8:00 am | 1:41 pm | 7:30 pm |
| Tue | 1:08 am | 8:33 am | 1:59 pm | 8:22 pm |
| Wed | 2:02 am | 9:03 am | 2:20 pm | 9:16 pm |
| Thu | 2:59 am | 9:29 am | 2:45 pm | 10:13 pm |

Punta Rassa Tides

| Day | High | Low | High | Low |
|-----|----------|---------|----------|----------|
| Fri | 11:30 am | 4:51 am | 10:28 pm | 4:06 pm |
| Sat | 12:01 pm | 5:39 am | 11:22 pm | 5:10 pm |
| Sun | 1:31 pm | 7:21 am | None | 7:04 pm |
| Mon | 1:08 am | 8:01 am | 1:59 pm | 7:55 pm |
| Tue | 1:54 am | 8:39 am | 2:27 pm | 8:47 pm |
| Wed | 2:45 am | 9:16 am | 2:55 pm | 9:38 pm |
| Thu | 3:46 am | 9:50 am | 3:25 pm | 10:29 pm |

Cape Coral Bridge Tides

| Day | High | Low | High | Low |
|-----|----------|----------|---------|----------|
| Fri | 3:01 pm | 8:14 am | None | 6:57 pm |
| Sat | 12:21 am | 8:59 am | 3:15 pm | 7:59 pm |
| Sun | 3:22 am | 10:38 am | 4:30 pm | 9:52 pm |
| Mon | 3:19 am | 11:14 am | 4:46 pm | 10:44 pm |
| Tue | 4:13 am | 11:47 am | 5:04 pm | 11:36 pm |
| Wed | 5:07 am | 12:17 pm | 5:25 pm | None |
| Thu | 6:04 am | 12:30 am | 5:50 pm | 12:43 pm |

PUZZLE ANSWERS

SUPER CROSSWORD

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| C | A | B | A | R | E | T | O | G | R | A | D | Y | A | D | R | I | F | T | |
| O | V | E | R | A | G | E | U | R | A | N | I | A | G | O | A | T | E | E | |
| L | O | Z | E | N | G | E | T | E | N | G | A | L | L | O | N | H | A | T | S |
| T | W | E | N | T | Y | M | U | L | E | L | E | I | S | L | I | T | | | |
| S | L | O | L | A | D | L | E | M | C | A | I | N | E | | | | | | |
| T | H | I | R | T | Y | E | A | R | M | O | R | T | G | A | G | E | | | |
| A | R | C | I | T | A | T | R | I | O | A | R | R | | | | | | | |
| R | E | L | N | O | R | T | H | D | A | L | L | A | S | F | O | R | T | Y | |
| M | N | O | G | R | A | Y | E | R | S | E | N | T | O | R | O | B | | | |
| E | T | U | D | E | R | A | N | I | A | S | T | R | I | D | E | | | | |
| N | A | S | A | F | E | A | R | O | F | F | I | F | T | Y | I | D | E | S | |
| I | C | E | D | T | E | A | S | A | M | I | S | M | E | L | T | | | | |
| A | A | A | A | D | R | O | I | T | M | U | F | A | S | A | N | E | B | | |
| R | U | N | N | I | N | G | L | I | K | E | S | I | X | T | Y | T | R | E | |
| A | N | N | L | I | P | O | L | A | I | S | S | T | | | | | | | |
| C | O | M | M | I | T | T | E | E | O | F | S | E | V | E | N | T | Y | | |
| A | N | A | N | O | W | F | I | L | L | E | O | M | S | | | | | | |
| T | E | N | D | O | R | A | E | I | G | H | T | Y | D | A | Y | S | | | |
| N | I | N | E | T | Y | D | E | G | R | E | E | S | O | R | O | U | R | K | E |
| A | D | E | L | I | E | D | E | A | R | T | H | R | O | W | D | I | E | R | |
| P | A | R | E | N | T | O | D | E | S | S | A | A | T | L | E | A | S | T | |

KING CROSSWORD

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| A | B | S | P | I | E | S | V | E | A | L | |
| D | U | N | E | I | R | E | I | D | L | E | |
| S | N | O | W | B | I | R | D | S | I | T | E |
| W | E | B | S | E | N | A | T | O | R | | |
| C | O | D | D | L | E | R | E | V | | | |
| A | I | R | E | L | F | W | I | S | P | S | |
| S | L | O | B | M | O | W | S | N | I | T | |
| H | Y | P | E | R | B | A | D | O | N | A | |
| N | O | D | D | R | O | W | S | Y | | | |
| P | E | R | I | W | I | G | A | R | C | | |
| L | A | O | S | S | N | O | W | B | A | L | L |
| O | S | L | O | C | A | R | L | P | E | A | |
| T | E | E | N | O | W | E | S | S | E | X | |

MAGIC MAZE

SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 5 | 1 | 3 | 9 | 8 | 2 | 7 | 6 |
| 6 | 7 | 8 | 4 | 2 | 1 | 3 | 5 | 9 |
| 9 | 3 | 2 | 7 | 6 | 5 | 8 | 4 | 1 |
| 8 | 1 | 7 | 5 | 4 | 3 | 6 | 9 | 2 |
| 2 | 4 | 6 | 9 | 8 | 7 | 5 | 1 | 3 |
| 5 | 9 | 3 | 6 | 1 | 2 | 4 | 8 | 7 |
| 7 | 2 | 4 | 8 | 3 | 9 | 1 | 6 | 5 |
| 3 | 8 | 9 | 1 | 5 | 6 | 7 | 2 | 4 |
| 1 | 6 | 5 | 2 | 7 | 4 | 9 | 3 | 8 |

TRIVIA TEST

- History:** When was the United Nations organization formed?
- U.S. Presidents:** Who was the first president to reside in the White House?
- Astronomy:** Which planet has the largest moon in our solar system?
- Television:** Which TV series featured a character named Walter White?
- Literature:** Which character appears in three of William Shakespeare's plays?
- Music:** What was the original name of the rock group Red Hot Chili Peppers?
- Animal Kingdom:** What is a group of giraffes called?
- Science:** How many main body sections does an insect have?
- Movies:** Which famous 1960s movie features the theme song *Everybody's Talkin'*?
- Mythology:** In Arthurian legend, what was Merlin's profession?

TRIVIA ANSWERS

1. 1942
2. John Adams
3. Jupiter
4. Breaking Bad
5. Falstaff
6. Tony Flow and the Miraculously Majestic Masters of Mayhem
7. A tower
8. Three: the head, the thorax and the abdomen
9. *Midnight Cowboy*
10. A wizard

My Stars ★★★★★

FOR WEEK OF MARCH 9, 2020

Aries (March 21 to April 19)
Having second thoughts could be a good thing, even if you're determined to go through with your plans. You might find it worthwhile to take a fresh look at how things have been set up.

Taurus (April 20 to May 20)
Financial matters could continue to be a problem until you're able to straighten out some of the more pesky situations. Once that happens, the rest should be easier to unsnarl.

Gemini (May 21 to June 20)
Family matters once again take center stage, and should be dealt with competently and quickly. And, again, insist on others taking on their fair share of the responsibilities.

Cancer (June 21 to July 22)
Your creative pursuits seem to be running into a roadblock. But rather than blame outside factors, look within to see if you might be holding back your efforts for some reason.

Leo (July 23 to August 22)
Keep that keen Cat's Eye focused on relevant aspects of this new situation in your life. Don't be distracted by trivial matters. You need the pertinent facts before making a decision.

Virgo (August 23 to September 22)
As much as you prefer doing things on your own, continue to accept help if you still need to resolve the problem affecting your project. Some cheerful news is about to come your way.

Libra (September 23 to October 22)
While you might begrudge the

added time it will take to get your project from point A to B to C, etc., you could benefit from the facts that will emerge over this expanded time span.

Scorpio (October 23 to November 21)
Regarding your workplace suggestions, be prepared to produce the facts to counter reactions from skeptics who feel your approach is unreasonable or even impossible.

Sagittarius (November 22 to December 21)
Savvy Sagittarians will look for work-related answers on their own rather than rely on unproved assumptions. It might take more time to do so, but the payoff is worth it.

Capricorn (December 22 to January 19)
Your aspects continue to favor family issues, with special emphasis this week on changes in and around your home. Get everyone to suggest what he or she would like to see done.

Aquarius (January 20 to February 18)
A matter you thought had been settled might still produce surprises. Best advice: Continue to gather facts to bolster your position just in case you need to produce them quickly.

Pisces (February 19 to March 20)
While your instincts are usually right when discerning 'twixt truth and deception, you could benefit from doing more research on the new "prospect" that you've been pitched.

Born This Week: Your wisdom is only matched by your generosity, making you the sort of friend everyone hopes to have.

NOW HERE'S A TIP

- "If there is only a light snow on the ground, you can use your leaf blower to clear walkways or a deck." – DE in Minnesota
- You might think your dishwasher cleans itself every time you use it, but it could use a hand. Run this cleaning cycle monthly: Fill a two small bowls with white vinegar, and put one each on the upper and lower racks. When the clean cycle is done, sprinkle a cup of baking soda on the bottom and run again.
- Cooking Tip: After you have rotisserie chicken for dinner, throw the carcass in a pot and make a quick stock. All you need are: a quartered onion; two carrots and two celery stalks, roughly chopped; a bay leaf and other spices you enjoy; a bit of salt; your rotisserie chicken carcass; and enough water to cover. Boil and let simmer for up to two hours. Strain and store.
- If you need to chop bacon for a garnish or slice chicken or beef for fajitas, freeze the meat before you chop. It will make it much easier to get the slices uniform because it doesn't slide around.
- "Look closely at extra-large size boxes of cereal. I was surprised to find that the bulk size of my favorite was actually costing me more per ounce. Now I always check the per-unit price, which is often found on the price tag." – JC in Oklahoma
- "If you get gum stuck in your hair, try massaging it with a little dab of

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2/21 * TFN

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6/21 * TFN

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1/24 * 3/13

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12/27 * TFN

RENTAL WANTED

RENTAL WANTED

Mature couple, frequent past visitors to Sanibel, and we want to make Sanibel our winter home. Min 2 br-2 ba. Starting about 1/1/2021 for about 3 months Stan@cosmeticindex.com
2/14 * 4/3

RENTAL WANTED

ANNUAL RENTAL WANTED

Retired couple with long history wintering on Sanibel looking to relocate and secure an annual residential rental on Sanibel. We are interested in a quality property that we can care for and at least a 2/2 or 3/2 home or duplex. We love community pools/central locations and have excellent local/credible references. 262-385-7379/ Tom
3/6 * 3/27

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3/6 * 3/6

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3/6 * 3/6

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2/28 * 3/6

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3/6 * TFN

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10/11 * 4/3

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FICTITIOUS NAME

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3/6 * 3/6

LEGAL NOTICE

LEGAL NOTICE

IN THE SUPERIOR COURT OF THE VIRGIN ISLANDS DIVISION OF ST. THOMAS AND ST. JOHN FRENCHMANS COVE CONDOMINIUM OWNERS' ASSOCIATION, Plaintiff vs. RICHARD O. CHILDRESS and TERRI A. CHILDRESS, Defendants.
ST - 19 - CV 129

SUMMONS

To: Terri A. Childress
12581 Equestrian Circle Apt. 1001
Fort Myers, Florida 33907

Within the time limited by law (see note below) you are hereby required to appear before this Court and answer to a complaint filed against you in this action and in case of your failure to appear or answer, judgment by default will be taken against you as demanded in the Complaint, for DEBT, FORECLOSURE OF LIEN AND BREACH OF CONTRACT.

Witness my hand and the Seal of this Court this 10th day of January, 2020. ESTRELLA H. GEORGE
Clerk of the Court
By: Donovan Donovan
Deputy Clerk

By: Matthew J. Duensing, Esq.
Attorney for Plaintiff,
Frenchman's Cove Condominium Owners' Association, Inc.
Law Offices of Duensing & Casner
9800 Buccaneer Mall, Bldg. 2, Suite 9
P.O. Box 6785
St. Thomas, Virgin Islands 00804

NOTE: This defendant, if served personally, is required to file his answer or other defenses with the Clerk of this Court, and to serve a copy thereof upon the plaintiff's attorney within twenty one (21) days after service of this summons, excluding the date of service. The defendant, if served by publication or by personal service outside of the jurisdiction, is required to file his answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the attorney for the plaintiff within thirty (30) days after the completion of the period of publication or personal service outside of the jurisdiction.
2/14 * 3/6

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From page 28

Now Here's A Tip

butter. The fat breaks down the gum, and it's easier to separate the strands. Just go slow and it will come out." – KR in Indiana

MOMENTS IN TIME

- On March 15, 1820, Maine is admitted into the Union as the 23rd state. Administered as a province of Massachusetts since 1647, the entrance of Maine as a free state was agreed to by Southern senators in exchange for the entrance of Missouri as a slave state.
- On March 12, 1894, Coca-Cola is sold in glass bottles for the first time. It had been available only as a fountain drink. A bottle of Coke cost 5 cents, and it stayed that way until 1959.
- On March 11, 1918, a U.S. Army soldier reports to the hospital at Fort Riley, Kansas, complaining of cold-like symptoms. By noon, over 100 of his fellow soldiers had reported similar symptoms, marking what are believed to be the first cases in the influenza pandemic of 1918. The Spanish flu would eventually kill 675,000 Americans and up to 50 million people worldwide.
- On March 13, 1942, the Quartermaster Corps of the U.S. Army begins training dogs for the newly established War Dog Program, or "K-9 Corps."
- On March 9, 1959, the first Barbie doll goes on display at the American Toy Fair in New York City. Barbie was the first mass-produced toy doll in the United States with adult features. Ruth Handler, co-founder of Mattel, named the doll after her daughter, Barbara.
- On March 14, 1967, the body of President John F. Kennedy is moved to a permanent spot at Arlington National Cemetery. The president had been

assassinated on November 22, 1963. The gravesite includes a natural gas line with a continuous electronic flashing spark that reignites the flame in case it is extinguished by rain or wind.

- On March 10, 1988, disco sensation Andy Gibb dies at the age of 30. With his heart greatly weakened from years of cocaine abuse, Gibb succumbed to an inflammatory heart virus.

STRANGE BUT TRUE

- It was American journalist, author and humorist Don Marquis who made the following sage observation: "Procrastination is the art of keeping up with yesterday."
- The first recorded newspaper that published on a daily basis was in Rome – in 59 B.C.
- A giant carnivorous plant has been

discovered on a remote mountaintop in the Philippines. The second largest pitcher plant on record, *nepenthes attenboroughii* secretes a nectar that lures insects, frogs and even rats into its trap, where enzymes and acids break down the animal and digest it.

- There has been a lot of debate about whether older drivers should be required to pass driving tests in order to renew their licenses, with failing sight and diminished judgment being cited as reasons for the more stringent requirement. However, statistics tend to indicate that, as a group, teenagers are the more dangerous drivers, with their auto-accident death rate roughly triple that of seniors.

- The men's formal attire known as the tuxedo takes its name from the Tuxedo Park Club in New York, where the clothing first became popular.

The word itself is derived from the Algonquian word for wolf.

- In some parts of Europe, red roses are considered to be omens of evil. Seeing the petals fall from a red rose is a portent of death.

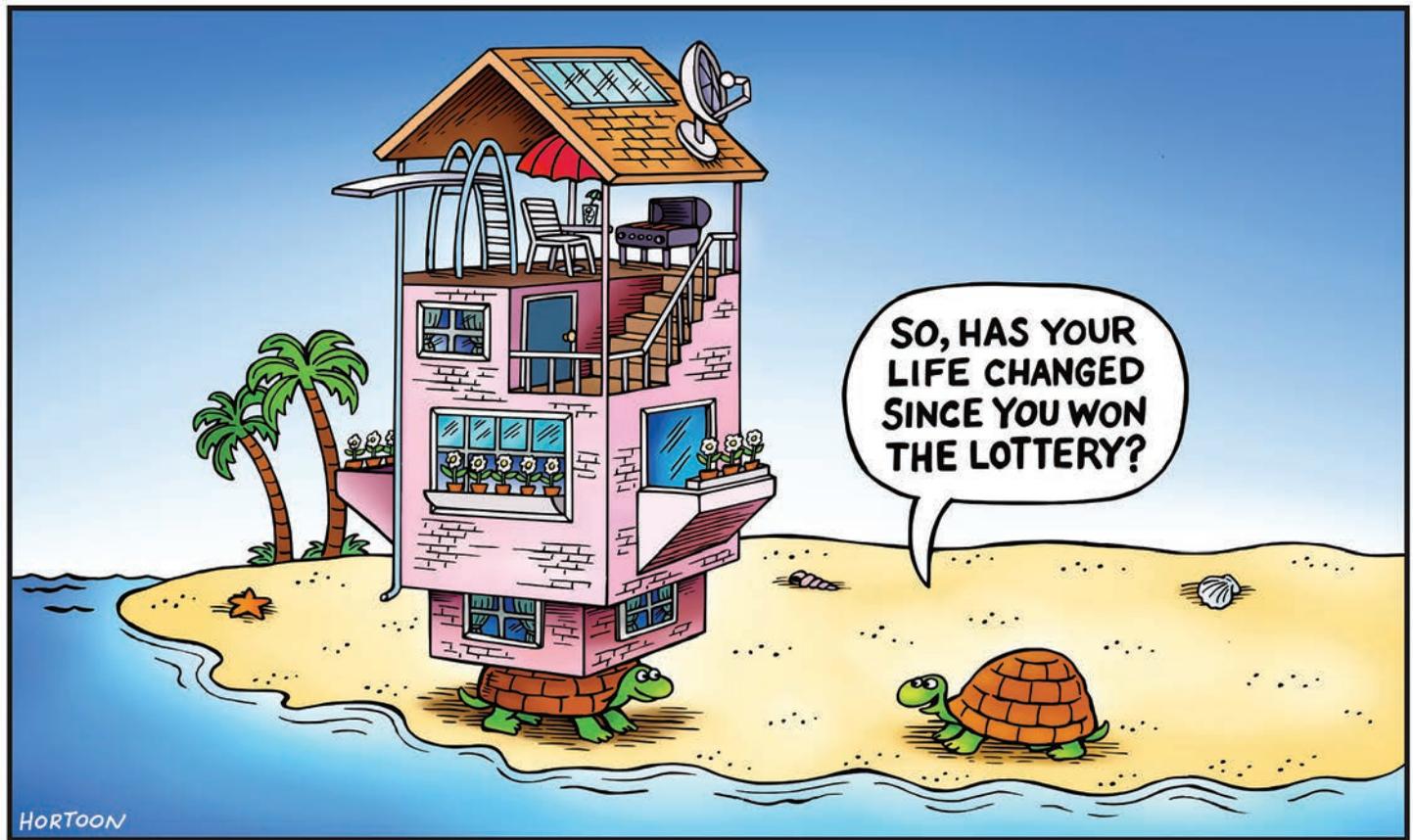
- The Zagat restaurant rating system recently conducted a survey of Americans' tipping habits. The results? It seems that residents of Philadelphia are the most generous tippers in the nation, leaving an average of 19.6 percent. The average across the country is 19 percent.

- President Benjamin Harrison was 25 years older than his wife, Mary – and he also was her uncle.

THOUGHT FOR THE DAY

"People who have no weaknesses are terrible; there is no way of taking advantage of them." – Anatole France

HORTOONS



SCRAMBLERS

1. Dynamic;
2. Virtual;
3. Linkage;
4. Ignore

Today's Word

NANNY

Top 10 Real Estate Sales

| Subdivision | City | Year Built | Square Footage | Listing Price | Selling Price | Days On Market |
|---------------------|----------------|------------|----------------|---------------|---------------|----------------|
| Bonita Beach | Bonita Springs | 1998 | 3,800 | \$2,295,000 | \$1,961,000 | 129 |
| Riverwalk | Bonita Springs | 2001 | 4,721 | \$2,250,000 | \$2,250,000 | 0 |
| Murano | Miromar Lakes | 2012 | 4,591 | \$2,249,000 | \$2,100,000 | 25 |
| Long Acre Lake | Sanibel | 2000 | 3,883 | \$1,749,000 | \$1,669,000 | 164 |
| Palmetto Point | Fort Myers | 2003 | 4,250 | \$1,695,000 | \$1,546,940 | 402 |
| St. Charles Harbour | Fort Myers | 1994 | 3,040 | \$1,599,000 | \$1,470,000 | 6 |
| Devonwood | Fort Myers | 2015 | 4,002 | \$1,549,000 | \$1,475,000 | 28 |
| Sanibel Isles | Sanibel | 1997 | 4,705 | \$1,499,000 | \$1,460,000 | 361 |
| Deerwood | Bonita Springs | 1998 | 4,489 | \$1,495,000 | \$1,300,000 | 219 |
| Sanibel Isles | Sanibel | 1974 | 2,629 | \$1,469,500 | \$1,445,000 | 41 |

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